Occupational Health Standards

A. History and Physical Exam:

1. Complete review of history and physical systems including skin, extremities, head/neck, EENT (eyes, ears, nose and throat), respiratory, cardiovascular, abdomen, genitourinary, musculoskeletal, and neurological systems.

2. Vital signs, vision screening (near, far, depth perception, peripheral, color vision).
   - Vision Standards:
     - *If Examinee has Glasses:* The examinee has distant vision and near vision, without corrective lenses, of at least 20/100; with corrective lenses of at least 20/30.
     - *If Examinee has Contact Lenses:* The examinee has distant vision and near vision, with corrective lenses, of at least 20/30.
     - *Color Vision (Ishihara 14-plate):*
       - Candidates who fail the Ishihara and pass the Farnsworth D-15 are acceptable.
       - Candidates who fail the Ishihara AND the Farnsworth D-15 are not acceptable.
       - *The use of x-chrom lenses is prohibited. (These are the lenses that correct color vision.)*
     - *Fields of Vision* of at least 85 degrees in the horizontal meridian in each eye.

3. TB skin test (If previous positive test, do not do. Instead, physician to consider chest x-ray or Quantiferon Gold test.)

4. Fitness to use Respirator questionnaire/evaluation
   - Note: Maximum clearance = 5 years
   - *Only if necessary, per physician discretion:*
     - PFT
     - Chest X-ray, 1 view

B. Audiogram (Hearing Test):

- Hearing Standards:
  - *Job placement precluded if:*
    - Hearing in best aided ear is greater than 25 dB in three of four speech frequencies (500, 1000, or 2000 and 300 Hertz)

C. Laboratory Tests:

- Complete Blood Count (CBC)
- Urinalysis (U/A)
- Comprehensive Metabolic Panel
- Urine Drug Screen collection/processing:
  - Non-DOT 10 panel
  - Alere Labs Facility #273923
  - No MRO review; results will be sent to department

D. Optional Tests, as determined by physician:

- Pulmonary Function Test (if indicated, based on history)
- EKG
- Cardiac Stress test
- Tetanus-Diptheria or T-dap (Tetanus/Diptheria/Pertussis) immunization
- Chest x-ray, 1 view
- Quantiferon Gold test (for previous positive TB skin tests)