



Allied Fresh Orientation

Contact Janice: alliedfresh8@gmail.com or 608 469 6132. We meet on Jenewein Road beside the Boys and Girls Club between 1-1:15pm. We recommend and have KN95 masks available for your use.

This is a program designed to meet the basic health needs of the Allied Drive and surrounding community. As part of COVID 19 recovery, if families receive help with food and household essentials, they can use their family resources to address other basic needs like rent as well as complex health issues like chronic disease prevention and management.

Every Friday: You can choose to assist with any or all of these tasks.

1. **SET-UP** 1:15-1:30: Set-up the Canopy, Tables and Pallets. **Carry supplies** from the closet located at the rear of the Boys and Girls Club. **Use hand trucks** as much as possible. **Place any flyers** in cooler boxes
2. **PACKAGE** 1:30-2:00pm: **Package any frozen meat into plastic bags and place back into boxes for distribution.** Place extra packaged meat into rubber maid bins and back on pallets.
3. **LOADING** 1:30-2:00pm: Start **loading the cars with equal amounts of produce and cooler boxes. Boxes weigh 15 pounds each. Use hand trucks. This is more difficult in winter.** Load equal amounts of meat as well.
4. **DELIVERY** 2:00-3:00pm; 3:00-4:00pm: **Deliver to individual resident lists in partners. Carrying 15 or 30 pounds** to resident homes. **We do have portable hand trucks for use.** Many doorbells DO NOT WORK. **Please call each resident** to ensure you can reach them. **Distribute any health education** materials. **Check off** who receives food and make any important notes on the list. **Place an X** if you have addressed COVID19 vaccination in some way. **If you have a fear of dogs, please let us know.**

If the resident is not there, you can offer another resident from the building the food and leave them a registration form. **NEVER LEAVE FOOD WHEN A RESIDENT ISN'T HOME UNLESS THIS HAS BEEN PREARRANGED.**

5. **PICK-UP** 1:30/2:00pm: Residents who can pick up food will do so from the canopy site. **Check off** who receives food and make any important notes on the list. **Place an X** if you have addressed COVID19 prevention or vaccination in some way. Please call

each resident who doesn't show to ensure you can reach them. **Register new residents** for Allied Fresh Program – Pick-up. Make any changes to phone numbers or instructions on delivery sheet as needed.

6. **TAKE DOWN and CLEAN-UP** 4:00pm: Take down canopy and tables. Clean. Place in the Boys and Girls Club storage area.

COMMUNICATION

- Greet family members with a smile and call them by name.
- Respect personal space in the communication process. Use COVID precautions.
- Observe and be sensitive to the facial expressions and body language of the person or people I am speaking with and be mindful of my own body language and facial expressions and how they influence my interactions with families.
- If it is difficult to reach a resident, ask the best way to reach them during future visits. Many families work multiple jobs including the night shift and may be sleeping when we arrive. They may have doorbells that do not work. We need to be understanding of the many potential barriers to delivery and show our patience and understanding.

COVID PRECAUTIONS/SAFETY

- **Please wear a mask to work during Allied Fresh every week.** Although the CDC and Pubic Health Madison and Dane County are requiring the public to wear masks in *indoor public places* to prevent transmission of the Delta Variant – we are working in an especially vulnerable community and need to both demonstrate our desire to prevent transmission as well as to protect the high percentage of unvaccinated people we will come into contact with as we deliver food. We have KN95 masks for your use.

Here is the rationale from the CDC for wearing masks:

<https://www.cdc.gov/coronavirus/2019-ncov/variants/delta-variant.html>

Given what we know about the Delta and the Omicron variant, vaccine effectiveness, and current vaccine coverage, layered prevention strategies, such as wearing masks, are needed to reduce the transmission of these variants.

- At this time, as we build the level of vaccination nationwide, we must also use all the prevention strategies available, including masking indoors in public places, to stop transmission and stop the epidemic.
- Vaccines are playing a crucial role in limiting spread of the virus and minimizing severe disease. Although vaccines are highly effective, they are not perfect and there will be vaccine breakthrough infections. Millions of Americans are vaccinated, and that number is growing. This means that even though the risk of breakthrough infections is low, there will be thousands of fully vaccinated people who become infected and able to infect others, especially with the surging spread of the Omicron variant. Low vaccination coverage in many communities is driving the current rapid and large surge in cases associated with the Omicron variant, which also increases the chances that even more concerning variants could emerge.