# 

# WOMEN'S LEADERSHIP SERIES

DAY 1

07.22.15

**ENHANCED COMMUNICATION & EFFECTIVE LEADERSHIP** 

Krista R. Morrissey - MAE-OD, PLCC Chief Growth Officer CHOICES Coaching & Consulting

## Krista's Story



- Career Path
- Leadership Philosophy
- My WHY
- Why did I jump at the opportunity to be here?

## **REALLY ??????**





## OWN IT !!!



- Your Growth
- Your Leadership
- Your Confidence
- Your Success

#### **Steps Women Need To Take**

- 1. Effectively assess your skills
- 2. Make your intentions known discreetly
- 3. Navigate the assertiveness dilemma
- 4. Partner with your partner
- 5. Develop informal networking groups and join professional organizations



Balanced Leader

Masculine Feminine 1) What is your dominant style?

2) What impact does your style have on communication?

3) How does this style impact your leadership?

4) How can you balance your leadership?

#### Expanding Your Range

Expert Doctor Coach 1) What is your default role?

2) What impact does your default have on communication?

3) Which is your least used role?

4) How can you increase flexibility with all three roles?

#### Enhance Your Communication

Powerful Questions Active Listening 1) What is your default questioning style?

2) How does your style impact communication?

3) What is your level of active listening?

4) How can you enhance your communication?

#### **5** Steps You Need to Take

- Effectively assess your skills
- Make your intentions known-discreetly.
- Navigate the assertiveness dilemma.
- Partner with your partner.
- Develop informal networking groups and join professional organizations

#### **Forwarding The Action**

What actions do you commit to?

What is in your way?

What resources / support do you need?

#### The CHOICE is YOURS



