

# Dreaded Drama Triangle and The Empowerment Dynamic

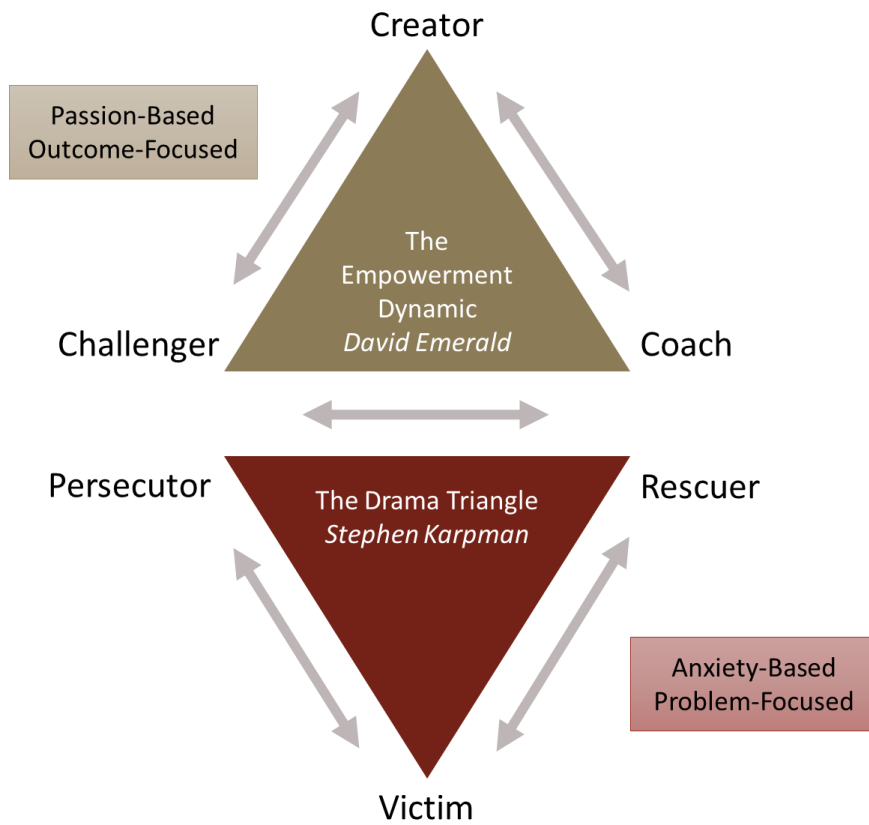
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**Barriers**

**Supporters**

**Barriers**

**Supporters**



Moving from drama to empowerment