

Putting it Into Practice:

Wellness Practitioners Summit

A “Live Well @ Your Library” Event

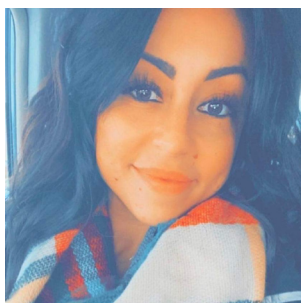
A panel of local practitioners and organizers will reflect on their work centering BIPOC wellness experiences. The event will include time to network with fellow practitioners, as well as the opportunity to see some practices in action through several short showcases throughout the event.

**Thurs,
Feb 17,
7-8:30pm**

Panel will feature:



Takeyla Benton
Meditation, Reiki,
Life Coach



Robbi Dominguez
Personal Trainer



**Brian “Rock”
Hancock**
MovNat Trainer



**Armando
Hernandez**
Chief Diversity Officer
at Journey Mental
Health



Jazmine Mendez
Nurse and Holistic
Health Coach

**Sign up online at
madpl.org/livewell**



VIRTUAL