

HOW TO RECOGNIZE AN OVERDOSE

SIGNS AND SYMPTOMS

- Slow, shallow breathing or breathing has stopped
- Vomiting
- Face is pale and clammy
- Blue or grayish lips and fingernails
- Pinpoint pupils
- Slow, erratic, or no pulse
- Choking or loud snoring noises
- Unresponsive to shaking

WHAT CAN YOU DO TO HELP?

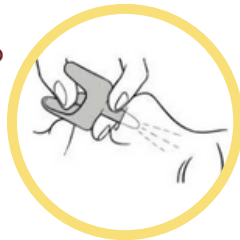
CALL 9-1-1

- It is important for this person to receive medical attention

GIVE NARCAN

1. **Peel the packaging**
2. **Place and press**
 - After 3 minutes give NARCAN again
 - Once they are breathing, turn them on their side away from you
 - Stay until help arrives

SIGNS & SYMPTOMS



MPD MARI Office
Monday - Friday
8:00am-4:00pm
608-416-9478
(not for emergencies)
MARI@cityofmadison.com

Community Resources



Phone numbers connecting you to
resources in Dane County



Safe Communities - Peer Providers
608-228-1278

Tellurian - Detox & Substance Use Services
608-222-7311



Syringe Services Program - Safer Use Supplies
608-243-3916

Vivent Health - Syringe Exchange/HIV Testing
608-332-6169



Never Use Alone - Overdose Prevention Lifeline
877-696-1996

**Compass Clinic - Medical Assisted Treatment
(MAT/MOUD)**
608-282-8270



Journey Mental Health - Dane County Crisis
608-280-2600 (24/7)

Behavioral Health Resource Center
608-267-2244



United Way 211 - General Services
211

Madison Vet Center - Veterans Affairs
608-264-5342



The Beacon - Day Shelter: 8a-5p
608-826-8040
Housing Navigators: Mon-Wed, 9a-3p