

## Golf Tournament a Success!

The second annual Oak Park Place Senior Open was a huge success, despite being delayed a month due to the rain, 28 golfers came together on September 12th to support the Madison Senior Center. It was a fantastic day to hit the links, and \$11,000 was raised to support multicultural events and activities for older adults that promote healthy aging in underserved Madison communities.



## Health and Resource Fair

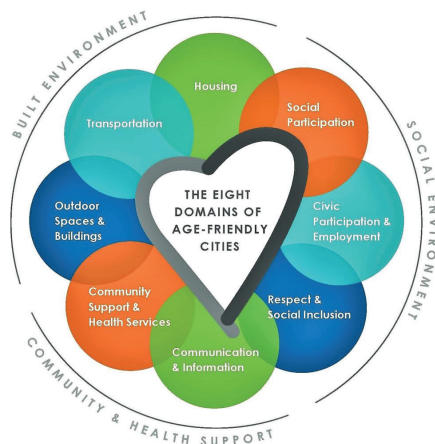
On October 19th, MSC held its annual Health and Resource Fair. Over 75 participants came to learn about maintaining and improving their health. Attendees could visit any of the 25 exhibitors to discover the many businesses, programs, and services available to them.



We also had screenings available for participants to evaluate an array of health and longevity related measures. The UW School of Nursing and other non-profits held assessments on blood pressure, depression, and hearing.

One participant said that the Health and Resource fair was “Very informative and had lots of interesting tables to visit.”

After participants had some time to stop at exhibitor booths, they were treated to wonderful keynote speeches from: Dr. Dorothy Farrar and Attorney Chris Schmidt.



## Madison Joins Ranks of Age Friendly Communities

In late 2019, with City of Madison Mayor Rhodes-Conway's endorsement, Madison became part of the AARP Network of Age-Friendly Communities. This was a great first step to making our city more livable for adults 65 and older.

Every state and community in the U.S. is aging. By 2030 there will be more people over 65 than under 18. People are living longer and staying active longer and our community needs to adjust to meet those needs.

Recently, a city-wide survey and listening sessions of older adults was completed. A steering committee made up of volunteers, residents, and community groups will develop action plans in the coming weeks. These plans, based on survey and listening sessions, will be submitted to city leaders by the end of the year with hopes of being incorporated into policy.

Visit the AARP website to learn more about Age Friendly Communities:  
[www.aarp.org/livable-communities/about](http://www.aarp.org/livable-communities/about)



Programs like Voices of Color hosted by Melvin Hinton (above) help increase awareness of diversity in Madison and highlight stories of race, triumph, and discrimination. Tune into Voices of Color every third Thursday of each month at 10am.



Preschool children from St. James sang patriotic songs and made thank you cards during our annual Veteran's Day celebration on November 11th. Donations to the Madison Senior Center Foundation pay for special events like these. The Senior Center has been actively engaged in connecting with community groups throughout Madison including Veterans Groups, community organizations, and schools.



## Princess Diana (played by Jillann Gabrielle)

Your donations help fund programs like the recent “Princess Di, Gone But Still Kicking!” Jillann embodied the mannerisms, memories, and musical skills of the late Princess Diana that had our senior audience entertained and asking lots of questions.

In order to further the vision of an inclusive community where older adults thrive, the Madison Senior Center Foundation, accepts gifts and provides grants in support of the programs, policies and services for older adults in the Madison area. It provides yearly grants to the Senior Center to serve Madison area older adults in learning, keeping fit and enjoying life.



## Volunteer Facilitated Programs Expand Offerings

Book clubs, art classes, poetry, and history! These are just some of the current programs that are being led by volunteer instructors and facilitators. The last few months have seen a flurry of new volunteers willing to offer their skills or just their passionate interest in leading various programs. If you or someone you know would like to offer your special skills to assist in program development please contact the Senior Center.

We are currently looking for dance instructors, fitness gurus, and book club facilitators just to name a few.

Volunteer Margo had this to say about facilitating her Artful Expressions program which has been running for two months. “*Volunteering at MSC has been amazing! I meet wonderful people and really get to do what I am passionate about.*”

## Make a Gift From Your IRA TODAY!

Making a qualified charitable distribution from your IRA can help you meet your required minimum distribution. It is easier than you might think!

Simply provide your IRA plan administrator with Madison Senior Center Foundation’s name, address and Federal Tax ID#:

Madison Senior Center Foundation  
330 W. Mifflin St.  
Madison, WI 53703  
Federal Tax ID#: 20-3075846

The funds will be transferred directly from your IRA to Madison Senior Center Foundation and will be used to support successful aging activities, programs and events.

# Giving Matters



MADISON SENIOR CENTER FOUNDATION INC  
330 WEST MIFFLIN STREET ♥ MADISON WI 53703  
[www.madisonseniorcenter.org](http://www.madisonseniorcenter.org)

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## Upcoming MSC Events

- ♥ **December 3, 10, 17, 1 pm**  
Cardio Dancing
- ♥ **December 7, 10 am**  
Holiday Sing-Along with John Duggleby
- ♥ **December 8, 10:30 am**  
Craft in a Bag with Capri Community Living
- ♥ **December 16, 1 pm**  
Book Club: Discussing The Silent Patient by Alex Michaelides
- ♥ **December 16, 1 pm**  
Silver Santa Holiday Gathering

