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FEBRUARY, 2026

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**Madison Senior Center**  
330 W. Mifflin Street  
Madison, Wisconsin 53703  
(608) 266-6581  
[cityofmadison.com/  
senior-center](http://cityofmadison.com/senior-center)



## Black History Month Festival

**FRIDAY, FEBRUARY 27, 1 – 4 PM**

Join us for food, fun, entertainment, and most importantly, a celebration of Black culture! For our Second Annual Black History Month Festival, we are again extending our usual Friday hours so we can join together in reflection and joy and cap off a month of events honoring the Black experience. This year, you can also look forward to breakout info sessions to be held in our upstairs classrooms. Please register in advance to secure your seat, and check our website for more updates as we finalize plans for the big day. Call Ericka at 608-266-6290 for more info. 



## Black History Trivia

**EVERY DAY IN FEBRUARY; PRIZE DRAWING FRIDAYS, 11 AM**

Each day we are open in February, our welcome screen in the front lobby will feature a new trivia question. Visit every weekday to increase your chance of winning a prize!

# FOR YOUR INFORMATION

## Directory

Phone ..... (608) 266-6581  
Website ..... [madisonseniorcenter.org](http://madisonseniorcenter.org)

### SENIOR CENTER STAFF

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*The Madison Senior Center promotes successful aging.*  
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**Public spaces (interior and exterior) at the Madison Senior Center are monitored by staff on video security cameras; participants and visitors may be recorded.**

## SUBSCRIBE TODAY!

To receive a mailed copy of the monthly newsletter, please send this completed form with an enclosed check (\$10 per year), payable to the Madison Senior Center.

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Mail to: Madison Senior Center, 330 W. Mifflin St., Madison, WI 53703

# FOR YOUR INFORMATION

## Scholarship Fund

Scholarships are available to people age 55 and older with annual income less than \$31,300 (one person) or \$42,300 (two people) for programs and events. The application is simple and all information is confidential. Call 266-6581 or email [seniorcenter@cityofmadison.com](mailto:seniorcenter@cityofmadison.com)

## Endorsements

The Madison Senior Center does not endorse or recommend private agencies or service providers. Presenters are selected for their subject matter expertise. Private companies also may provide donations for programs or allow employees to volunteer as part of their workday. Accepting these donations is not an endorsement of the business. Always do your own research before selecting a service provider.

## Photography

All programs, events and daily activities may be photographed, and the pictures may be used in promotional materials or posted to social media. If you object to the use of your image, please inform the photographer.



## Health & Safety Precautions

To protect the health and safety of all participants, volunteers, and staff in our building, we ask that all facility visitors agree to the following practices:

- » Follow guidance provided by the CDC and Public Health Madison and Dane County.
- » Stay home if you are sick. If you appear sick, you may be asked to leave the building.
- » Wash hands often with soap and water for at least 20 seconds.
- » Take advantage of hand sanitizer stations.
- » Use a tissue to cover a cough or sneeze.
- » Respect the personal space of others.

**Masks are welcome and available for free at the front desk.**

## Key Cards – Checking-In

When you visit the Senior Center, please make sure you check-in at the Front Desk with your key card. If you do not have a key card, stop at the Front Desk, fill out a Member Form, and we will give you a key card. This allows us to keep track of how many people use the Senior Center. Usage is directly connected to our funding.

\*Note: If you are at the Senior Center for lunch, you will also have to check-in at the NewBridge Nutrition Site.

## Building Hours

» <b>Tuesday - Wednesday - Thursday</b>	8:30 am - 4:00 pm
» <b>Monday &amp; Friday</b>	8:30 am - 1:00 pm

## You Belong Here!

If you are age 55 or older you belong at the Madison Senior Center. If you don't see a program relevant to your needs or interests, let us know. Call us at (608) 266-6581 or email [seniorcenter@cityofmadison.com](mailto:seniorcenter@cityofmadison.com)

## Language Access Program

The City of Madison Language Access Program provides access to City services for people whose primary language is not English. We are committed to improving accessibility for all. If you would like more information, speak to a staff person or email us at [seniorcenter@cityofmadison.com](mailto:seniorcenter@cityofmadison.com)

# LIFELONG LEARNING

To register for programs, call (608) 266-6581 or email [seniorcenter@cityofmadison.com](mailto:seniorcenter@cityofmadison.com)

## Craft & Coffee: Adult Coloring for Black History Month

**2ND MONDAYS, 9:30 - 11 AM**

Join us for coffee, crafting, and camaraderie. In February we pay tribute to Black History Month by using colored pencils to bring to life adult coloring pages featuring a wide variety of pictures at multiple skill levels, including color by number. All of the art celebrates how Black History colors our world! It's relaxing and rejuvenating to let your creative juices flow. All supplies provided. 

## Craft With Kids

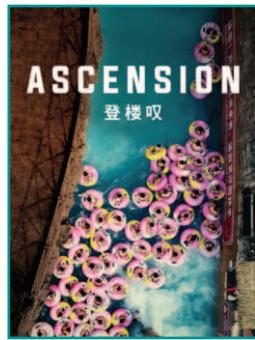
**4TH WEDNESDAYS, 9:30 - 11 AM**

Join our visiting preschool class for a craft and activities. Registration is required, and we are looking for older adults who can commit to attending multiple craft days. 

## Docs to Digest: *Ascension*

**THURSDAY, FEBRUARY 12, 12:30 - 2:30 PM**

Join us in the Senior Center lounge once a month for a special post-lunch documentary screening. In February, we will watch *Ascension* (2021), not rated: The absorbingly cinematic *Ascension* explores the pursuit of the "Chinese Dream." This observational documentary presents a contemporary vision of China that prioritizes productivity and innovation above all. In Mandarin with English subtitles; not dialogue-heavy.



## Exploring Poetry

**2ND WEDNESDAYS, 11 AM - 12:30 PM**

This program is for anyone who enjoys poetry. There are opportunities to read, recite and write. Writing poetry is spills and thrills for the beginner and expert, too. There are countless small pitfalls, but sometimes in the writing something happens, an "ah ha" moment where the poet feels they can say precisely what needs to be said. Led by Mark Kraushaar. 

## First Friday Open Mic

**FIRST FRIDAYS, 10 - 11 AM**

Join us as a performer or as a listener for an hour of live music performance (and a cup of coffee!) at our monthly, first Friday gatherings. If performing, bring an instrument and/or your voice, with song or spoken word to share. Open to all styles of musical expression.

## Line Dance Class

**WEDNESDAYS THROUGH FEBRUARY 18, 10 - 10:50 AM & WEDNESDAYS, MARCH 4 - MAY 27, 10 - 10:50 AM**

Get ready to step, shuffle, and groove in our fun and friendly Line Dance Class designed especially for older adults! Instructor Tara Jackson is offering six sessions, where you'll learn popular line dances including Boots on the Ground, Cowgirl Trailride, Cleveland Shuffle, and Bad Boy by Luther Vandross. Whether you prefer to dance standing or seated, everyone is welcome to join and move at their own pace. Classes are free - come enjoy great music, light exercise, and a chance to connect with others in a supportive environment. No prior experience needed — just bring your enthusiasm! 

## The Milton House Museum: An Iconic Milton Structure

**WEDNESDAY, FEBRUARY 11, 10 - 11 AM**

See back cover for more information.

# LIFELONG LEARNING

To register for programs, call (608) 266-6581 or email [seniorcenter@cityofmadison.com](mailto:seniorcenter@cityofmadison.com)

## Overture Community Ticket Program

The Overture Community Ticket Program makes the arts more accessible by offering a limited number of tickets costing less than \$5 to members of community organizations. Tickets are available for select shows. Go to [www.overture.org/engage/](http://www.overture.org/engage/) community-ticket-program for more information, and call the Madison Senior Center to receive your discount code.

## Participatory Learning and Teaching Organization (PLATO)

PLATO is a community of intellectually curious adults, typically 50 and over, which explores subjects of interest through member-led discussion groups, lectures, travel, and cultural activities. Visit [www.platomadison.org](http://www.platomadison.org) for a full list of programs and host locations, and to sign up for membership and events.

### ♥ Learning the Language & Logics of Autism

THURSDAYS THROUGH  
FEBRUARY 19 - APRIL 9, 10 AM - 12 PM

### ♥ The Play's the Thing

THURSDAYS, FEBRUARY 26 - APRIL 16, 1:30 - 3:30 PM (NO CLASS MARCH 12)

### ♥ Shakespeare and Poetry: Part Five

FRIDAYS, FEBRUARY 20 - APRIL 17, 10 AM - 12 PM

## Podcast Discussion Group

ALTERNATING TUESDAYS, 9 - 10 AM

We will watch a video podcast or listen to an audio podcast about a local issue and discuss it afterwards while enjoying coffee and refreshments!

- ♥ **FEBRUARY 3:** In honor of Black History Month, we will watch a selected episode from the PBS Wisconsin Podcast "Why Race Matters"
- ♥ **FEBRUARY 17:** A different selected episode of "Why Race Matters"

## Third Thursday Entertainment: *Amazing Grace* Screening

THURSDAY, FEBRUARY 19, 12:30 - 2 PM

In celebration of Black History Month, we will view the documentary movie *Amazing Grace* (2018), which chronicles Aretha Franklin's recording of her album *Amazing Grace* at the New Bethel Baptist Church in Watts, Los Angeles, completed in 1972.



## Watercolor Painting

WEDNESDAYS, 10 - 11 AM

Paint to relax and express yourself while you chat and enjoy a coffee (or tea!) with other older adults. When available, one of our volunteers will join in. All supplies provided, and no advanced signup is needed.

## Writing Your Life

THURSDAYS THROUGH FEBRUARY 26, 10 - 11:30 AM, **VIRTUAL OPTION (EMAIL FOR LINK)**

We all have stories to tell about our life experiences, friends, and families. Some of these stories encompass the joys of achievement, celebration, milestone moments, and love. Others detail the harder parts of life: jealousy, betrayal, sadness, loss. Our stories define us. The Greater Madison Writing Project's "Writing Your Life" workshops help you find the stories you want to tell and give you writing strategies to craft them into the stories that you want to share. Each 90-minute session includes exploration of different writing strategies and opportunities to write and seek feedback in a welcoming and enthusiastic community. Led by Mark Nepper. 

# TECHNOLOGY & FINANCE

## Computer Lab

The Computer Lab is open during normal building hours for general use. Public printing is not available.

**Conversations:** Please try to minimize conversations not related to the work being done at the computer. Use low tones and be respectful of other computer lab users.



**Audible Clips, Music, etc.:** When the office is open, headsets can be checked out if you don't have your own. Borrowers must leave a photo ID and follow sanitation procedures.

**Food & Beverages:** Food is not allowed on top of the computer desks, and eating is not permitted in the Computer Lab. Beverages with unsecured lids are not allowed in the Computer Lab.

**Drop-in Computer Assistance Hours:** Drop in during these hours for 1:1 technology help. To guarantee your spot, call in advance to schedule an appointment. Scheduled assistance may be available other days and times, so calling in advance is recommended: 608-267-6581, or email [seniorcenter@cityofmadison.com](mailto:seniorcenter@cityofmadison.com)

- » Monday 9 - 11 AM
- » Tuesday 9 - 11 AM
- » Thursday 9:30 - 11:30 AM

## End of Life Planning

**WEDNESDAY, FEBRUARY 4, 10 – 11 AM**

End of life planning is crucial for ensuring your medical, financial, and personal wishes are respected, providing clarity for your loved ones and reducing their burden. Local elder law attorneys Amy Devine and Abigail Churchill will present and answer your questions. 

## Be Safe Using Technology

Tech scams prey upon the doubts and discomforts that many people have around computers. When it comes to fraud committed against older adults, tech support scams top the list. Typically, a person's computer or phone screen will freeze or go blank. A pop-up message will appear with a phone number to dial for help. When the user calls it, the scammer on the other end will ask for permission to log on to the device remotely. This fake "tech support" representative also may demand a fee to repair the "issue."

### What to do if you think you've been scammed:

Scams are designed to catch us off guard, and they can happen to anyone. There's nothing to be ashamed of if you think it's happened to you. Keep important phone numbers handy, including the local police, your bank, and Adult Protective Services.

Dane County Health and Human Services APS Helpline: 608-261-9933 | After hours: 608-255-6067



## A PARTNER FOR LOCAL CARE

Contact your county's Aging and Disability Resource Center to find out if you qualify.

 [www.lakelandcareinc.com](http://www.lakelandcareinc.com)



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# HEALTH & WELLNESS

To register for programs, call (608) 266-6581 or email [seniorcenter@cityofmadison.com](mailto:seniorcenter@cityofmadison.com)

## Ballroom Basics for Balance™

Ballroom Basics for Balance™ (BB4B) is a fun way to improve balance through the basics of dance! Registration forms can be found at [www.ballroombasicsforbalance.org](http://www.ballroombasicsforbalance.org), or you can use the QR code below, or contact instructor Susan Frikken at 608-692-8794. Registration is required; a wait list is kept for future vacancies. 

### BALLROOM BASICS FOR BALANCE

**FRIDAYS, FEBRUARY 20 - MAY 8, 10 - 11:30 AM  
MADISON PUBLIC LIBRARY, 201 W MIFFLIN ST**

**REGISTER BY FRIDAY, FEBRUARY 13**

\$90 for 12 weeks (financial assistance available)

This is our original, core curriculum! A mix of levels from beginner to experienced. You move independently, with or without the help of a device like a cane or walker. You may want a spotter every once in a while, or you may not need one at all.



### BALLROOM BASICS FOR BALANCE: INCLUSIVE VIRTUAL

**FRIDAYS THROUGH MAY 15 (NO CLASS  
MARCH 27), 9:30 - 10:45 AM**

\$115 for 16 weeks (financial assistance available)

Our class is a welcoming Friday morning community that you can join from anywhere via Zoom. We have seated and standing variations, so you can dance as you recover from an injury or manage a chronic illness. Each week we explore a balance tip like mindful movement, safe ways to get up and down from the floor, or winter safety along with dancing! Please check with your doctor or physical therapist to see if a balance class would be right for you. Beginners and continuing students welcome.



## BALLROOM BASICS FOR BALANCE: NEXT STEPS VIRTUAL

**TUESDAYS THROUGH FEBRUARY 10, 1 - 2:15 PM  
THE REGISTRATION PERIOD HAS PASSED; CALL  
SUSAN FOR WAITLIST AVAILABILITY**

\$46 for 6 weeks (financial assistance available)

If you feel you are an experienced mover or have taken a few of our classes before, this one is for you!



## Blood Pressure Screening

**1ST & 3RD TUESDAYS, 11:15 AM - 12 PM**

Keep tabs on your blood pressure. Our volunteer is a medical professional and would love to have you stop by. 

## Foot Care Clinic – \$25

**FRIDAY, FEBRUARY 20, 9 AM – 12 PM |  
APPOINTMENT REQUIRED**

Clinics are a great opportunity to get basic toenail care in addition to regular podiatry care. Savannah Stone is a licensed Manicurist, certified Medical Nail Technician, and Advanced Nail Technologist. **Please bring 2 towels** and arrive 5 minutes early. Cash or check only. 

## Gentle Yoga

**TUESDAYS, 10 – 11 AM**

Yoga improves balance, range of motion and flexibility, which are all important, especially as we age. Yoga Accessible for All (YAFA) teachers dedicate themselves to making yoga safe and inviting for anyone who is interested in gaining the benefits ([yafayoga.org](http://yafayoga.org)). We do a combination of seated and standing positions and will always suggest modifications if a pose is not working for you. Please register in advance. No fee, but donations are welcome. 

# HEALTH & WELLNESS

To register for programs, call (608) 266-6581 or email [seniorcenter@cityofmadison.com](mailto:seniorcenter@cityofmadison.com)

## HASFIT Gentle Exercise

**MONDAY – FRIDAY, 9 - 9:30 AM**

The HasFit program is presented on YouTube by instructors who focus on strength, flexibility, and balance. Join us at our scheduled screening times, or tune in at your convenience in our fitness room any time our television is not already in use.

## Laughing Bodies, Dancing Minds

**TUESDAYS THROUGH MARCH 17 (NO CLASS MARCH 10), 1 - 2 PM | SESSION 2: MARCH 24 - MAY 12**

\$80 for 8-week session  
(financial assistance available)

Classes focus on warm-up techniques, strength and stretching exercises, core work, breathing, and energy flow. No prior dance experience needed. Instructor Li-Chiao Ping is the Sally Banes Professor of Dance & Vilas Research Professor with the UW-Madison Dance Department. She has a special interest in working with older adults and demonstrating that dance is beautiful and rewarding at any age. 



## Memory Lane

**1ST MONDAYS, 9:30 - 10:30 AM**

Take a trip down memory lane! Our usual host Susan will resume in April, but classes will continue once a month with Alana in the meantime. During each session we will discuss and learn trivia from different categories covering past decades. Boost your brain power! Have fun recalling events, songs, movies, and other memories that are tucked away! The content is different each time. 

## Movement for Every Body

**1ST & 3RD FRIDAYS, 9:30 - 10 AM**

This class, led by UW-Madison's Movement for Every Body club, includes music and dance, stretching, breathing exercises, and fun for everyone! 

## Rosen Method Movement

**MONDAYS THROUGH FEBRUARY 23, 11 - 11:50 PM**

Rosen Method Movement was created by Marion Rosen, a Physical Therapist. We move all the joints and stretch to music, and it is low-impact, lighthearted, attentive, and restorative. Instructor Rebecca Wigg-Ningham is a Rosen Practitioner and a Social Worker for over 30 years. She is passionate about building a community of wellness. 

## Welcome to Medicare Seminar

**SATURDAY, MARCH 14, 9 - 11:30 AM**

**MCFARLAND SENIOR OUTREACH SERVICES, 5915 MILWAUKEE ST, MCFARLAND**

What you need to know about enrolling in Medicare! If you are turning age 64 this year, the Dane County Area Agency on Aging wants to help you make informed choices about your Medicare options! Do you understand what Medicare is and isn't, how to avoid penalties for late enrollment in Medicare, and how to get the most out of your health and prescription benefit plans? Some decisions and actions about Medicare can take place 3-6 months before you turn 65, so don't wait until you are turning 65 to understand all you need to know about this important benefit. Want easy to understand answers to all of these complex questions? Sign up to attend this free seminar! By attending, you'll walk away with the accurate and detailed information you need from unbiased experts in benefit programs. Registration: email [AAA@danecounty.gov](mailto:AAA@danecounty.gov) by MARCH 6. 

# GROUPS, GAMES & CLUBS

## B-I-N-G-O

THURSDAYS, 10:15 - 11:15 AM

It is free to play the standard BINGO rounds for a small prize. If you want to compete for the cash prize in the final "Blackout" round, each card costs 50 cents (max of four cards). If you don't pay for a card in the final round, you can still play, but it will be for a standard prize instead of the cash prize. We play for fun and camaraderie. Join us!



## Book Club

1ST & 3RD WEDNESDAYS, 12:30 - 1:30 PM

Our refreshed Book Club will now meet the 1st and 3rd Wednesday each month. We will read one book a month and take turns selecting the upcoming books. We will kick off 2026 with the book *Swift River* (2024) by Essie Chambers: The year is 1987, and Diamond Newberry – the only Black Person in Swift River after her Pop disappeared seven years ago – receives a letter from a relative she's never met. She is introduced to two generations of African American Newberry women, gaining a sense of her place in the world and in her family. We will use library book club kits; call Laura at 608-267-8650 to reserve a copy – you are financially responsible for any unreturned books. 

# Bridge Belles

**MONDAYS, 9 - 11 AM**

A group of women improving their duplicate bridge skills in a relaxed atmosphere; working knowledge of Bridge needed.

# Spanish Conversation

**WEDNESDAYS, 1:30 - 3 PM VIRTUAL**

Do you want to practice your Spanish? Our group meets every week to chat in Spanish. Pop in when you can. There are no attendance requirements. Spanish Conversation meets via Zoom. Once you are registered you will be sent the Zoom link. All levels welcome. 



- **Spirit Days**
- **FRIDAYS, 8:30 - 11 AM**
- Participate in a Spirit Day activity and win a prize!  
• Each Spirit Day is a new chance to win.
- **FEBRUARY 6 NATIONAL WEAR RED DAY**
- You wear red, and we'll share facts about heart disease to highlight this important health issue
- **FEBRUARY 13 MARDI GRAS**
- We'll celebrate a little early with a simple craft!
- **FEBRUARY 20 LUNAR NEW YEAR**
- What lucky surprise will be in your red envelope? Complete a "Year of the Fire Horse" activity to find out!
- **FEBRUARY 27 NATIONAL RETRO DAY**
- Don a look from your favorite decade past! We will have some supplies on hand in case you got rid of your retro looks long ago.







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Madison Senior Center, Madison, WI

B 4C 01-1141

# PROGRAM & ACTIVITY LIST

Programs, activities and times are subject to change. Call (608) 266-6581 to confirm a program or activity.

PROGRAM/ACTIVITY	DAY & DATE	TIME	COST	LOCATION
Ballroom Basics for Balance	Fridays, Feb 20th - May 8th	10:00 – 11:30 am	\$90	MPL
Ballroom Basics for Balance: Inclusive	Fridays through May 15th	9:30 – 10:45 am	\$115	Virtual
Black History Month Festival	Friday, Feb 27th	1:00 – 4:00 pm	Free	MSC
Book Club	1st & 3rd Wednesdays	12:30 – 1:30 pm	Free	MSC
Craft & Coffee: Black History Month	2nd Mondays	9:30 – 11:00 am	Free	MSC
Docs to Digest: Ascension	Thursday, Feb 12th	12:30 – 2:30 pm	Free	MSC
End of Life Planning	Wednesday, Feb 4th	10:00 – 11:00 am	Free	MSC
ePantry	Order Feb 16th; pickup Feb 20th	9:00 – 11:30 am	Free	MSC
Exploring Poetry	2nd Wednesdays	11:00 am – 12:30 pm	Free	MSC
First Friday Open Mic	1st Fridays	10:00 – 11:00 am	Free	MSC
Foot Care Clinic	3rd Fridays	9:00 am – 12:00 pm	\$25	MSC
Gentle Yoga	Tuesdays	10:00 – 11:00 am	Free	MSC
Laughing Bodies, Dancing Minds	Tuesdays through Mar 17th (NO CLASS Mar 10th)	1:00 – 2:00 pm	\$80	MSC
LGBTQ+ Winter Social	Wednesday, Feb 17th	5:30 – 8:30 pm	\$20 Sugg. Donation	MSC
Line Dance Class	Wednesdays through Feb 18th	10:00 – 10:50 am	Free	MSC
Memory Lane	1st Mondays	9:30 – 10:30 am	Free	MSC
Milton House Museum	Wednesday, Feb 11th	10:00 – 11:00 am	Free	MSC
Movement for Every Body	1st & 3rd Fridays	9:30 – 10:00 am	Free	MSC
PLATO: Language & Logic of Autism The Play's the Thing Shakespeare and Poetry	Thursdays, Feb 19th - Apr 9th Thursdays, Feb 26th - Apr 16th Fridays, Feb 20th - Apr 17th	10:00 am – 12:00 pm 1:30 – 3:30 pm 10:00 am – 12:00 pm	PLATO membership	MSC
Podcast Discussion Group	Alternating Tuesdays	9:00 – 10:00 am	Free	MSC
Rosen Method Movement	Mondays through Feb 23rd	11:00 – 11:50 am	Free	MSC
Spanish Conversation	Wednesdays	1:30 – 3:00 pm	Free	Virtual
Third Thursday Entertainment: Amazing Grace Screening	3rd Thursdays	12:30 – 2:00 pm	Free	MSC
Writing Your Life	Thursdays through Feb 26th	10:00 – 11:30 am	Free	MSC

# FEBRUARY 2026

# BLACK HISTORY MONTH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> 9:00 Bridge Belles 9:30 Memory Lane 11:00 Rosen Method Movement	<b>3</b> 9:00 Podcast Disc. 10:00 Gentle Yoga 10:30 Case Manager 11:15 BP Screening 12:30 Movie: <i>Love, Brooklyn</i> <b>1:00 BB4B Next St V</b> 1:00 Laughing Bodies	<b>4</b> <b>10:00 End of Life Planning</b> <b>10:00 Line Dance</b> 10:00 Watercolor <b>12:30 Book Club</b> 1:30 Spanish Conv <b>V</b>	<b>5</b> 10:00 Writing Your Life 10:15 BINGO	<b>6</b> <b>9:30 BB4B Incl. V</b> <b>9:30 Movement for Every Body</b> <b>10:00 First Friday Open Mic</b>  <b>Spirit Day: National Wear Red Day</b>
<b>9</b> 9:00 Bridge Belles 9:30 Craft & Coffee: Adult Coloring for Black History Month 11:00 Rosen Method Movement	<b>10</b> 10:00 Gentle Yoga 12:30 Movie: <i>American Symphony</i> 1:00 BB4B Next St <b>V</b> 1:00 LBDM	<b>11</b> 10:00 Line Dance <b>10:00 Milton House</b> 10:00 Watercolor 11:00 Exploring Poetry 1:30 Spanish Conv <b>V</b>	<b>12</b> 10:00 Writing Your Life 10:15 BINGO <b>12:30 Docs to Digest: Ascension</b> 2:00 Gay, Gray, & Beyond	<b>13</b> <b>9:30 BB4B Incl. V</b>  <b>Spirit Day: Mardi Gras</b>
<b>16</b> 9:00 Bridge Belles 11:00 Rosen Method Movement  <b>*ePantry Ordering Day</b>	<b>17</b> 9:00 Podcast Disc. 10:00 Gentle Yoga 10:30 Case Manager 11:15 BP Screening 12:30 Movie: <i>Sarah's Oil</i> 1:00 LBDM <b>5:30 LGBTQ+ Winter Social</b>  <b>MSC Polling Site</b>	<b>18</b> 10:00 Line Dance 10:00 Watercolor 12:30 Book Club 1:30 Spanish Conv <b>V</b>	<b>19</b> <b>10:00 PLATO: Autism</b> 10:00 Writing Your Life 10:15 BINGO <b>12:30 Third Thursday Entertainment: Amazing Grace</b>	<b>20</b> 9:00 ePantry Pick-Up 9:00 Footcare Clinic 9:30 BB4B Incl. <b>V</b> 9:30 Movement for Every Body <b>10:00 BB4B - MPL</b> 10:00 PLATO: Shakespeare  <b>Spirit Day: Lunar New Year</b>
<b>23</b> 9:00 Bridge Belles 11:00 Rosen Method Movement	<b>24</b> 10:00 Gentle Yoga 12:30 Movie: <i>Cooley High</i> 1:00 LBDM	<b>25</b> 9:30 Craft with Kids 10:00 Watercolor 1:30 Spanish Conv <b>V</b>	<b>26</b> 10:00 PLATO: Autism 10:00 Writing Your Life 10:15 BINGO <b>1:30 PLATO: Play's the Thing</b> 2:00 Gay, Gray & Beyond	<b>27</b> <b>9:30 BB4B Incl. V</b> 10:00 BB4B - MPL 10:00 PLATO: Shakespeare <b>1:00 BHM Fest</b>  <b>Spirit Day: National Retro Day</b>
 HASFit Gentle Exercise, Every day, 9:00	 Happy Lunar New Year! Year of the Fire Horse		 FEB 27, 1-4 PM	

# MOVIES

## Movie Matinees

Movies are on Tuesday afternoons at 12:30 pm. The fourth Tuesday of the month is reserved for a classic movie.

### FEBRUARY 3

#### **Love, Brooklyn (2025)**

A writer navigates complicated relationships with his ex and his current lover with the support of his best friend. A modern romance set against the rapidly changing landscape of Brooklyn, New York. Stars: André Holland, Nicole Beharie, and Roy Wood Jr. Comedy, Drama, Romance. 1 hour 37 minutes. Not Rated.



### FEBRUARY 10

#### **American Symphony (2023)**

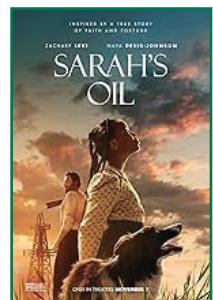
In this deeply intimate documentary, musician Jon Batiste attempts to compose a symphony as his wife, writer Suleika Jaouad, undergoes cancer treatment. Stars: Jon Batiste, Lindsey Byrnes, and Jonathan Dinklage. Biography, Documentary, Music. 1 hour 44 minutes. Rated PG-13.



### FEBRUARY 17

#### **Sarah's Oil (2025)**

A remarkable true story of eleven-year-old Sarah Rector, an African American girl born in Oklahoma Indian territory in the early 1900's who believes there is oil beneath the barren land she's allotted and whose faith is proven right. Stars: Zachary Levi, Naya Desir-Johnson, and Sonequa Martin-Green. Biography, Drama, History. 1 hour 43 minutes. Rated PG.



### FEBRUARY 24

#### **Cooley High (1975)**

On Chicago's Near-North Side in 1964, the lives of four carefree high school seniors and best friends, including an aspiring playwright and an all-city basketball champion, take a tragic turn. Stars: Glynn Turman, Lawrence Hilton-Jacobs, and Garrett Morris. Comedy, Drama, Romance. 1 hour 47 minutes. Rated PG.



## Be a Movie Sponsor

There are many ways to help. Donate popcorn, drinks, or other snacks. Financial sponsorships go towards snacks and movie rental fees. Call Laura to learn more: 608-267-8650.



# LGBTQ 50+ ALLIANCE

The **LGBTQ 50+ Alliance** is sponsored by *OutReach Community Center* and the *Madison Senior Center*. Its purpose is to create a better quality of life for LGBTQ older adults by building partnerships with senior service providers and offering social opportunities. Call (608) 255-8582 for more information or email [info@lgbtoutreach.org](mailto:info@lgbtoutreach.org); you can also check out our website, [lgbtq50plusalliance.org](http://lgbtq50plusalliance.org)

## SAGECollab Partner

**What is SAGE?** It is a nationwide non-profit agency that advocates for LGBTQ+ elders through activism, resource centers, cultural competency training, and much more. **SAGECollab** partners serve or advocate with older LGBTQ+ elders at the local level. If you are interested in having a voice, please email [karenlkane13@gmail.com](mailto:karenlkane13@gmail.com) or [lynnc@outreach.org](mailto:lynnc@outreach.org)

## LGBTQ 50+ Alliance Steering Committee

Lynn Currie (608-255-8582)	OutReach Staff
Laura Hunt (608-267-8650)	MSC Staff
Karen Kane	Co-Chair, Volunteer
Shelley Hansen-Blake	Co-Chair, Volunteer
Graham Smith	Volunteer
Mimi Millen	Volunteer
Mary Beth Wilk	Volunteer
Larry Wilson	Volunteer

## Coffee Meet-Up

**1ST & 3RD TUESDAYS, 2 - 3:30 PM**

**JAVA CAT, 4221 LIEN ROAD**

Join Madison's LGBTQ 50+ Alliance at our Coffee Meet-Ups. We will sit outside as the weather allows. Buy your own drinks, treats, and meal. No need to RSVP. Questions? Are you interested in starting a social or support group for the LGBTQ 50+ community? Email the OutReach Elder Advocate, Lynn, at [lynnc@lgbtoutreach.org](mailto:lynnc@lgbtoutreach.org)

## CQ (Curious Queers)

**1ST & 3RD THURSDAYS, 1 - 3 PM**

**OUTREACH, 2701 INTERNATIONAL LN**

"Exploring Spirituality" is now "CQ" (curious queers) – same people, time, and place, but expanded topics. Members decide topics and provide presentations. Visits to other LGBTQ Groups, free community concerts, museums, nature walks, and more are encouraged.

**Intergenerational Appeal: Older generations can share the accomplishments they have made, and younger generations can help them learn what still needs to be done.**

## Gay, Gray & Beyond

**2ND & 4TH THURSDAYS, 2 - 4 PM**

**MADISON SENIOR CENTER, 330 W MIFFLIN ST**

GG&B is a discussion group for those fortunate enough to have arrived; that is, for those who know the obstacles, but also recognize that there have been joys. Those who look beyond the closet. Let's get together consider our individual selves, our unique strengths, and the nature of our ever-changing world.

## Winter Social

**WEDNESDAY, FEBRUARY 17, 5:30 - 8:30 PM**

**MADISON SENIOR CENTER, 330 W MIFFLIN ST**

Beat the winter doldrums with an evening focused on food, fun and self-care! Following mingling and a meal, Mimi Millen will guide us through a session of Mindful Movement. This will be appropriate for all ability levels, and even if you cannot complete all the movements, you will learn form and appreciate the information that Mimi is sharing.

# AGING WITH PURPOSE: EMPOWERING BLACK OLDER ADULTS

## African Center for Community Development INC. Programs

2ND & LAST FRIDAYS, 3 – 5 PM

UW SOUTH MADISON PARTNERSHIP, 2238 S PARK ST

Community Elder Connect provides information and referrals for a range of services for older adults, including disability services, accessible transportation, healthcare, mental health, exercise, housing support, affordable food, ethnic grocery shopping, and language assistance.

Baobab Senior Circle provides a safe space for sharing cultural knowledge and experiences, and for engaging in intergenerational dialogue, networking, peer emotional support, and field trips.

For more information, call or email Inyillah: 608-509-6804, [inyillah@africancentermadison.org](mailto:inyillah@africancentermadison.org)

Scan QR Code to register



## Calming Computer Jitters Age-Friendly Computer Training

EVERY WEDNESDAY, 12 – 2 PM

MT ZION BAPTIST CHURCH, 2019 FISHER ST

Questions: call 310-497-4349

## Cancer Education Group

2ND TUESDAYS, 5:30 – 6:45 PM VIRTUAL

Reservations: email Lucretia Sullivan Wade at [Lucretia.sullivan@fammed.wisc.edu](mailto:Lucretia.sullivan@fammed.wisc.edu) or Cibele Barbosa Carroll at [barbosacarro@wisc.edu](mailto:barbosacarro@wisc.edu).

## The Classics Book Club

WEDNESDAY, FEBRUARY 25, 12 – 1:30 PM

LAKEVIEW LIBRARY, 2845 N SHERMAN AVE

For this first Book Club meeting, we will discuss *Settlin': Stories of Madison's Early African American Families*. Call 608-512-0000 Ext 2007 for assistance finding the book.

## Drop-In Mental Health Services (Sponsored by Anesis Therapy)

THURSDAYS, 10 AM – 3 PM

MT ZION BAPTIST CHURCH, 2019 FISHER ST

## Emergency Food & Housing Assistance

If you need emergency food or housing assistance, contact MTZ Charitable Organization at [1mtzlife@mtzlife.com](mailto:1mtzlife@mtzlife.com) (Subject line: I have a need – MTZCO Emergency Assistance)

## Get Movin' in Motion Free Exercise Class

TUESDAYS & THURSDAYS, 1 – 2 PM

UW SOUTH MADISON PARTNERSHIP, 2238 S PARK ST

Zoom option available, Registration: call (608) 265-4790

## The HUB Marketplace Event

EVERY SATURDAY, 10 AM- 5PM

THE HUB, 2352 S PARK ST

## Lupus Support Group for Women of Color

3RD MONDAYS, 6 - 7:30 PM VIRTUAL

FOUNDATION FOR BLACK WOMEN'S WELLNESS,  
6601 GRAND TETON PLAZA, SUITE A2

Scan QR Code to register



## Mad-Town Walkers

MONDAYS, 12 – 1:30 PM

EAST TOWNE MALL

Registration: call 608-512-0000 Ext 2007

## Moonshine Dance Department Special Event

FRIDAY, FEBRUARY 27, 3:30 – 4:30 PM

MARGARET H'DOUBLER PERFORMANCE SPACE, LATHROP HALL, 1050 UNIVERSITY AVE

Join Professor Chris Walker and friends for Moonshine. This free event brings together campus, community, alumni, and students in performance to celebrate Black artistic scholarship and the Black experience with live music, contemporary theater, and dance during Black History Month. More info: 608-262-2353, [kkwiatkowski@wisc.edu](mailto:kkwiatkowski@wisc.edu)

## Oh Happy Day Class – Digital Connections

The Oh Happy Day Class-Digital Connections (OHDC-DC) app is designed for African American adults experiencing clinical depression. Oh Happy Day Class-Digital Connections is an app developed by Dr. Earline Ward (licensed Psychologist) in collaboration with Justin Janisch of the UW-Madison Digital Technology team. For more information, please email us at [ohd@fammed.wisc.edu](mailto:ohd@fammed.wisc.edu) or call us at 608-262-7917.

## Paint and Hydrate

TUESDAYS, 5:30 PM

MT ZION BAPTIST CHURCH, 2019 FISHER ST

Register with Ms. Deana Wright: (310) 497-4349

## Wear Red Day

SATURDAY, FEBRUARY 21, 11 AM – 1:30 PM

GOODMAN COMMUNITY CTR, 149 WAUBESA ST

Celebrate the 15th Annual National Wear Red Day with the Foundation for Black Women's Wellness. Come together in sisterhood to get informed, inspired, and empowered to beat heart disease and to commit to protecting our lives at all costs! There will be photo opportunities, a full educational program, and a nutritious brunch to fuel the soul. Plus we'll close with our annual prize giveaway!

## Wellness Wednesday

3RD WEDNESDAYS, 12 – 1:30 PM

LAKEVIEW LIBRARY, 2845 N SHERMAN AVE

Wellness Wednesday returns with Chanelle Bains from the ADRC presenting information on the differences between Alzheimer's Disease, mild cognitive impairment, and normal aging.

# PROGRAMAS EN ESPAÑOL PARA ADULTOS MAYORES

## Bingo Bilingüe

**PRIMER VIERNES, 6 DE FEBRERO, 10:15 AM**

**WARNER PARK, 1625 NORTHPOR DR**

**TERCER JUEVES, 19 DE FEBRERO, 11 AM**

**MEADOWOOD NEIGHBORHOOD CENTER,**

**5740 RAYMOND RD**

Habrá Transportación limitada. Favor registrarse.

## La Cafeteria De La Memoria

**TODOS LOS JUEVES, 2 – 3 PM **VIRTUAL****

Un café de la memoria es un lugar de encuentro para quienes experimentan cambios iniciales en la memoria. Puede ser una forma divertida de conectar con otras personas que enfrentan los mismos problemas. El objetivo es que tanto la persona como su familia o amigos se reúnan en un ambiente relajado y social para conectar entre si. Cada café de la memoria es único, ya que se anima a los participantes a personalizarlo. Favor registrarse: [LeoM@newbridgemadison.org](mailto:LeoM@newbridgemadison.org) o 608- 512-0000 ext. 3003

## Charlas Semanales

**TODOS LOS MIÉRCOLES, FACEBOOK LIVE**

**ROOTS4CHANGE, 10 – 11:30 AM**

**RAÍCES PARA EL CAMBIO**

Únase a nosotros y a nuestros invitados especiales para nuestras charlas semanales. Para encontrar los temas más actualizados, consulte nuestra página de Facebook Live Roots4Change o póngase en contacto con nosotros 904-385-8151 o [support@rootsforchange.coop](mailto:support@rootsforchange.coop)

## Corte y Confección

**TODOS LOS MIÉRCOLES, 10 AM – 12 PM**

**ARTS + LIT LAB, 111 S LIVINGSTON ST**

Aprenda cómo manejar las máquinas de coser, las puntadas básicas o si prefiere algo más avanzado, Alicia tiene la experiencia y el conocimiento como empresaria y profesora universitaria de diseño y alta costura.

Limitado número de participantes y transportación. Favor registrarse: [LeoM@newbridgemadison.org](mailto:LeoM@newbridgemadison.org) o (608) 512-0000 ext. 3003

## Servicios Asistenciales

**CENTRO GUADALUPANO (CMC)**

Clases de Inglés, y ciudadanía, clases de computación, Teléfono: 608-661-3512

**CENTRO HISPANO**

Certificado de asistente de enfermería y capacitación de cajero bancario.

Teléfono: 608-255-3018

**EL CENTRO INMIGRATORIO DE LA COMUNIDAD**

El Centro Inmigratorio de La Comunidad se esfuerza por garantizar la dignidad y el acceso a la justicia para las personas, especialmente aquellas que enfrentan la deportación, al brindar representación legal y consultas, así como apoyo y educación sobre temas de inmigración para la comunidad en general.

Teléfono: 608-640-4444

**ACADEMIA LATINA**

Clases de Inglés y computación, capacitación de trabajo, certificado de preparatoria (GED),

Teléfono: 608-310-4573

**MADISON COLLEGE (MATC)**

Clases de Inglés y computación, entrenamiento de trabajo, Certificado de preparatoria (GED) español / inglés

Teléfono: 608-243-4200

**URBAN LEAGUE**

Entrenamiento de trabajo y preparación para las carreras de tecnología informática, construcción, servicio al cliente, administración de salud entre otros.

Teléfono: 608-243-4200

**VOCES DE LA FRONTERA**

Voces de la Frontera es la principal organización de defensa de los derechos de los inmigrantes en Wisconsin y lleva más de 20 años organizando y empoderando a los trabajadores y las familias inmigrantes.

Teléfono: 470-454-4508 o contacto [nindik@vdlf.org](mailto:nindik@vdlf.org)

# VOLUNTEER OPPORTUNITIES

## Volunteers Needed!

Volunteers are the heart of the Madison Senior Center. **APPLY TO VOLUNTEER:**

[www.cityofmadison.com/senior-center/volunteer/apply-to-volunteer](http://www.cityofmadison.com/senior-center/volunteer/apply-to-volunteer)



- Craft With Kids Participant:** Join our intergenerational craft meetup on the 4th Wednesday of each month. Kids from St. Joseph's Preschool will come to the Senior Center to work on a craft with older adults.
- Group or Class Leader:** Tell us what kind of group or class you would like to lead- Tai Chi, a book club, discussion group, arts & crafts, music- you name it!

We are currently seeking facilitators for the following programs: B-I-N-G-O, Drawing, Watercolor or Acrylic Painting, Healthy Cooking or International Cooking, Living With Diabetes, and discussion groups such as Coping With Uncertainty, Current Events, Death Café, Staying Sane in an Insane World, and Finding Spirituality.

- Technology Assistance:** Assist members with basic technology questions in using their smart phone or laptop, and help in completing tasks in our computer lab.
- Service Provider:** Many of our older adults need hygiene and care services. If you have a licensed service you'd like to provide, we'd love to hear from you.
- Front Desk/Reception:** Greet people at the front entrance, answer and route telephone calls, provide general information (and conversation!)
- Volunteer Group Opportunities –**
  - » **Client Focused:** This is a great opportunity for your group to interact and socialize with our members, or help with decorating, wrapping presents, etc.
  - » **Facility focused:** Please reach out to us directly to hear what we have on deck.

## February Volunteer Spotlight: Patrina

Patrina White is a board member for the Foundation for Black Women's Wellness, a community organizer, and an advocate with a passion for helping people and confronting systemic social inequality. At the Madison Senior Center, you might have seen her leading our Silver Santa lunch service (no small feat) and helping out at other major events such as our Black History Month Festival. She does a lot of work behind the scenes to assist the Madison Senior Center, too, including being on the Black History Month Festival planning committee and helping plan our annual Health Resource Fair. We are fortunate to have her care and attention in improving the Senior Center, as her community efforts include impressive work throughout the City, County, and beyond that benefit children and adults, addressing a range of issues from food insecurity, fundraising for troops abroad, and so much more. Thank you, Patrina! We appreciate you.



## COMMUNITY RESOURCES

The following is a list of organizations that serve older adults in Madison. These are the agencies receiving funding from the City of Madison Community Development Division. The Madison Senior Center looks forward to deepening our partnership with these agencies.

**African Center for Community Development**  
2238 S PARK ST  
(608) 294-0066

**Bayview Foundation**  
103 LA MARIPOSA LN  
(608)256-7808

**Bridge Lake Point Waunona Neighborhood Center**  
1917 LAKE POINT DR  
(608) 441-6991

**FOSTER of Dane County**  
700 RAYOVAC DR  
(608) 628-7708

**Freedom, Inc.**  
2110 LUANN LN  
(608) 716-7324

**Goodman Community Center**  
214 WAUBESA ST  
(608) 241-1574

**IP Ministries**  
1102 ENGELHART DR  
(608) 347-7999

**Lussier Community Education Center**  
55 S GAMMON RD  
(608) 833-4979

**Neighborhood House Community Center**  
29 S MILLS ST  
(608) 255-5337  
**OutReach, Inc.**  
2701 INTERNATIONAL LN  
(608) 255-8582

**RSVP of Dane County**  
6501 WATTS RD  
(608) 238-7787

**Southeast Asian Healing Center, Inc.**  
2814 SYENE RD  
(608) 405-5889

**The Hmong Institute**  
4402 FEMRITE DR  
(608) 692-8918

**Urban Triage**  
2312 S PARK ST  
(608) 299-4128

### NewBridge NUTRITION SITE

NewBridge Madison operates the Senior Nutrition Site at our Center. Monday-Friday, at 11:30 am, adults age 60+ can enjoy a hot, nutritious meal. If you are age 60 and older, the suggested minimum donation is \$5.00. If you are under age 60 and do not meet the program eligibility guidelines, you are required to pay the total cost \$13.56. Meal and transportation reservations are required. Reservations & cancelations are due by Noon, two business days in advance. Contact **608-512-0000, Ext. 4006**. Menus and additional information are available.

### CASE MANAGEMENT

NewBridge case managers are at the Madison Senior Center on the first and third Tuesday of the month from 10:30 am - 12:30 pm.

When life offers the gift of time...  
how will you spend it?

We'll help you every  
step of the way.



Offering a continuum  
of care for seniors:

- > Independent Living
- > Assisted Living
- > Memory Care
- > Rehabilitation

Call 608-663-8600 or email  
madisonsales@oakparkplace.  
com  
718 Jupiter Dr., Madison, WI 53718  
oakparkplace.com/madison



### ADT-Monitored Home Security

Get 24-Hour Protection  
From a Name You Can Trust

- Burglary
- Flood Detection
- Fire Safety
- Carbon Monoxide



SafeStreets

833-287-3502

### THE STARLING AT RISE BRAND NEW - NOW OPEN

#### 1- & 2-BEDROOM APARTMENTS 55+ Includes water, sewer, and trash

SPACIOUS, MODERN HOMES WITH HIGH-END FINISHES  
CALL 608-516-5405 TO SCHEDULE AN APPOINTMENT

958 Rise Lane, Madison, WI 53704  
risemadison@accmanagementgroup.com

\*Inclusive Income Restrictions Apply\*  
1 Person: \$63,630 | 2 Person: \$72,730 | 3 Person: \$81,830



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Nick Palasini

npalasini@lpicommunities.com

(800) 950-9952 x2162

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Madison Senior Center, Madison, WI

C 4C 01-1141

# EPANTRY

## ePantry: Food Pantry Online Ordering System with Pick-up at MSC

The Madison Senior Center is a pick-up location for orders placed through the River Food Pantry ePantry. That means that if you order food through the ePantry, you can pick it up at the MSC. Orders may be placed as early as the Friday before pick-up day. If you need assistance placing your order, staff will be available on the Monday morning of our pick-up week. Our pick-up day is the 3RD FRIDAY of each month. **Orders can be picked up 9 - 11:30 am.**

*The ePantry may only be used once a month.* Based on household size, families select from a variety of healthy and nutritious food, including fresh produce, meat, dairy, culturally relevant offerings, and special dietary options, such as vegetarian and gluten-free items.

Thank you to our volunteers for getting the groceries from the River Food Pantry to the Senior Center.

**Please note that beginning February 2026, the pickup date has changed from the 3rd Thursday to the 3rd Friday. MSC staff will continue assisting with order placement on the Monday before pickup.**

FOOD ORDER DATE WITH ASSISTANCE	FOOD PICK-UP DATE
Monday, February 16	Friday, February 20
Monday, March 16	Friday, March 20
Monday, April 13	Friday, April 17

## NEWS

### West Mifflin Mural Update

Thank you to those of you who responded to our survey regarding the theme of our dining site mural-to-be! Responses varied, but there was overwhelming support for a nature-themed mural. It was clear that folks want to see a vibrant and colorful piece dominated by blues and greens. Artist Emily Rodriguez has been busy sketching out some design concepts for the mural so that we are on target to host our community painting sessions in the Spring. Keep an eye out for more updates! This project is supported in part by a grant from the Wisconsin Arts Board with funds from the State of Wisconsin and the National Endowment for the Arts. Remaining funding is provided by the Madison Senior Center Foundation, a 501 c 3 organization that supports programming at the MSC.

### Welcome Loni, Maggie, & Stat!

You may have noticed a few new faces around the Madison Senior Center lately. Late last year, we brought on Loni Ortega (she, her) and Stat Cornia (he, him) as new Building Attendants. Our Building Attendants assist with evening and weekend facility rental coverage, as well as with day-to-day staff coverage as needed. Loni and Stat join our longtime Building Attendant Tom in helping meet these needs and keep our facility available for use by the community beyond standard Senior Center operating hours.

Maggie Bartelt (she, her) is a Social Work student at Winona State University who is completing her field internship with us. She will be onsite with us through the end of April to assist with connecting members to community resources and to learn about the unique needs of our older adult members. We are excited to welcome all three of these talented individuals to our team!



# GROUNDHOG DAY

## WORD SEARCH



### WORD LIST

SPRING  
WINTER  
GROUNDHOG  
SHADOW  
FEBRUARY  
FORECAST  
HIBERNATE  
HOLE  
HOLIDAY  
WEATHER  
UNDERGROUND  
PREDICTION  
BURROW  
CLOUDY  
SUNNY  
PENNSYLVANIA  
SIGN  
PUNXSUTAWNEY  
EMERGE  
WOODCHUCK

G	S	H	A	D	O	W	I	G	C	X	B
A	S	O	V	D	J	O	B	O	O	C	P
Y	X	P	Z	G	Z	E	Y	H	N	U	R
K	E	B	R	M	X	A	G	D	D	K	E
U	Q	N	Q	I	D	O	E	N	C	L	D
X	V	N	W	I	N	L	L	U	C	X	I
U	X	E	L	A	O	G	H	O	H	R	C
A	N	O	Z	H	T	C	T	R	A	M	T
I	H	D	I	T	D	U	E	G	D	O	I
N	H	T	E	O	S	L	S	J	Q	U	O
A	U	J	O	R	C	A	X	X	E	T	N
V	L	W	C	O	G	M	C	T	N	N	I
L	T	N	G	L	H	R	A	E	N	U	V
Y	D	V	W	N	O	N	O	U	R	Y	P
S	N	L	L	E	R	U	Z	U	R	O	D
N	U	B	I	E	A	J	D	A	N	H	F
N	P	N	B	S	B	T	U	Y	S	D	A
E	H	I	N	U	I	R	H	U	M	O	X
P	H	A	R	Y	B	G	E	E	L	A	K
P	E	R	O	E	E	L	N	Y	R	M	W
O	O	F	F	R	E	T	N	I	W	E	C
W	B	F	B	C	E	G	R	E	M	E	Q

# FOUNDATION

## What Does the MSC Foundation Do?

The Madison Senior Center Foundation, a 501 c 3 organization, pays for programs and activities, including a multitude of educational classes, wellness activities, and performances. Associated expenses include instructors, refreshments, volunteer recognition, and advertising. The Foundation covers scholarships for any fee-based programs. If you are interested in learning more about the foundation, contact Tom DeChant at [mscfoundation@gmail.com](mailto:mscfoundation@gmail.com)

### FOUNDATION BOARD OF DIRECTORS

Tom DeChant – President

Sally Miley – Vice President

Jan Cliff – Treasurer

Mary Berryman-Agard – Member-at-Large

Eve Galanter – Member-at-Large

### DONATIONS

Mary Jane & Robert Alexander

Anonymous

Marc & Eve Galanter

Sally Miley

Quartz Health Solutions

### Senior Center Wishlist

- » Coffee grounds, sugar/sweetener, and creamer
- » \$10 gift cards to use as prizes
- » Cleaning supplies/household goods for members in need

### Become a Legacy Donor

Planned giving is one of the most effective ways to give to the Madison Senior Center Foundation. The simplest way to make a planned gift is to list the Foundation as a beneficiary of your retirement assets or life insurance policy. You may also leave a planned gift by including language in your trust or will, such as: I/we bequeath to the Madison Senior Center Foundation (tax ID# 20-3075846), located in Madison, WI, \_\_\_\_ percent of my/our residual estate – OR – the sum of \$ \_\_\_\_\_ to be used for charitable purposes set forth in Article 3 of the Foundation's Restated Articles of Incorporation of 2025. Once you've arranged a planned gift to the MSC Foundation, let us know! We will work with you to direct your gift to your specific goals and determine how you'd like to be recognized. This information may be updated at any time without needing to revise your will. Please contact us at [mscfoundation@gmail.com](mailto:mscfoundation@gmail.com) with any questions.

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### PLEASE DONATE TODAY! MADISON SENIOR CENTER FOUNDATION, INC.

Send to: **330 W. Mifflin Street, Madison, Wisconsin 53703**

Your personal donation provides programs, activities and services for adults over 55. Please make checks payable to: *Madison Senior Center Foundation, Inc.*

Donor Name \_\_\_\_\_ Phone \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_ Amount Enclosed \$ \_\_\_\_\_

In Honor of: \_\_\_\_\_  In Memory of: \_\_\_\_\_

In Appreciation of: \_\_\_\_\_  Other: \_\_\_\_\_

Send Acknowledgement to (Name and Address): \_\_\_\_\_

Your donation is tax deductible as allowed by law. Donations are publicly acknowledged. Please indicate if you wish to remain anonymous.

Madison Senior Center  
Foundation, Inc.

330 WEST MIFFLIN STREET  
MADISON WI 53703

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MADISON, WI

## **The Milton House Museum: An Iconic Milton Structure**

**WEDNESDAY, FEBRUARY 11, 10 – 11 AM**

Kevin Scannell from the Milton House Museum will be presenting on the founding of the town of Milton and the construction of the Milton House. He will also be talking about the role of the Milton House as part of the Underground Railroad "Network to Freedom," as well as the social and political climate of the United States and Wisconsin in the 1850s and 1860s.



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