



# Activity & Meal Calendar - February, 2018

MONDAY	TUESDAY	WEDNESDAY
<div style="border: 2px solid red; padding: 10px; text-align: center;"> <p><b>A BIG</b> <b>Thank You</b> <b>To our Advertisers!</b></p> <p><b>We really appreciate your support!</b></p> <p><i>in the heart of Madison</i></p> <p><b>- The Madison Senior Center</b></p> </div>		
<p><b>5</b></p> <p>8:30 Billiards 9:00 Gentle Exercise <b>10:00 Balance &amp; Falls</b> 11:00 Social Worker 11:30 Ping Pong 11:30 Computer Lab 12:30 Wii Games</p> <p><b>PIZZA CASSEROLE* VEGGIE PIZZA (VO)</b></p>	<p><b>6</b></p> <p>8:30 Billiards 9:00 Gentle Exercise 9:30 PLATO 10:00 Computer Lab 11:00 Ping Pong <b>1:00 Movie: With A Song in My Heart</b></p> <p><b>LEMON BAKED FISH VEGGIE BURGER (VO)</b></p>	<p><b>7</b></p> <p>8:30 Billiards 9:00 Rediscover Literature <b>9:00 Foot Care Clinic</b> 11:30 Ping Pong 11:30 Computer Lab 12:00 History of Spain 12:30 Wii Games 1:30 Spanish Conversation</p> <p><b>CHICKEN PARMESAN CASSEROLE PASTA W/TOMATO SAUCE &amp; MOZZ. (VO)</b></p>
<p><b>12</b></p> <p>8:30 Billiards 9:00 Gentle Exercise 10:30 Knit 1, Purl 2 11:00 Social Worker 11:30 Ping Pong 11:30 Computer Lab 12:30 Wii Games</p> <p><b>CHEESEBURGER ON WW BUN BLACK BEAN BURGER (VO)</b></p>	<p><b>13</b></p> <p>8:30 Billiards 9:00 Gentle Exercise 10:00 Computer Lab 11:00 Ping Pong <b>12:00 Lori Hackman - The Oilerie</b></p> <p><b>ITALIAN SAUSAGE W/PEPPERS &amp; ONIONS* VEGGIE DOG (VO)</b></p>	<p><b>14 VALENTINE'S DAY</b></p> <p>8:30 Billiards 9:00 Rediscover Literature 9:00 Foot Care Clinic 9:30 PLATO 11:30 Ping Pong 11:30 Computer Lab 12:00 History of Spain 12:30 Wii Games 1:30 Spanish Conversation 1:30 PLATO 5:45 Latinx Caregivers Group</p>  <p><b>BAKED FISH VEGGIE WRAP (VO)</b></p>
<p><b>19 PRESIDENTS DAY</b></p> <p>8:30 Billiards 9:00 Gentle Exercise 11:00 Social Worker 11:30 Ping Pong 11:30 Computer Lab 12:30 Wii Games</p>  <p><b>MEAT SAUCE SPAGHETTI NOODLES SOY MEAT SAUCE (VO)</b></p>	<p><b>20</b></p> <p>8:30 Billiards 9:00 Gentle Exercise 10:00 Computer Lab 11:00 Ping Pong <b>11:11 Unity and Satsung</b> <b>1:00 Movie: Marshall</b></p> <p><b>CHICKEN A LA KING SOY A LA KING (VO)</b></p>	<p><b>21</b></p> <p>8:30 Billiards 9:00 Rediscover Literature 10:00 Massage 11:30 Ping Pong 11:30 Computer Lab 12:00 History of Spain 12:30 Wii Games 1:30 Spanish Conversation <b>1:30 PLATO Open House</b></p> <p><b>GREEN PEPPER SOUP HUMMUS WRAP (VO)</b></p>
<p><b>26</b></p> <p>8:30 Billiards 9:00 Gentle Exercise 10:00 PLATO 10:30 Knit 1, Purl 2 11:00 Social Worker 11:30 Ping Pong 11:30 Computer Lab 12:30 Wii Games 1:00 PLATO (2) 1:30 PLATO</p> <p><b>BAKED MOSTACCIOLI VEGGIE MOSTACCIOLI (VO)</b></p>	<p><b>27</b></p> <p>8:30 Billiards 9:00 Gentle Exercise 10:00 Computer Lab 11:00 Ping Pong 12:15 Red Hat Mamas <b>1:00 Jessica Michna as Golda Meir</b> <b>1:00 PLATO</b></p> <p><b>BAKED HAM &amp; PINEAPPLE QUICHE (VO)</b></p>	<p><b>28</b></p> <p>8:30 Billiards 9:00 Rediscover Literature 10:00 PLATO 11:30 Ping Pong 11:30 Computer Lab 12:00 The History of Spain 12:30 Wii Games 1:30 Spanish Conversation 1:30 PLATO 5:45 Latinx Caregivers Group</p> <p><b>ROASTED TURKEY W/GRAVY VEGGIE MEATBALLS (VO)</b></p>

THURSDAY	FRIDAY
<p><b>1</b></p> <p>8:30 Billiards 9:00 Gentle Exercise <b>10:00 Blood Pressure Screening</b> 10:00 Computer Lab 11:00 Li Chiao Ping 11:30 Ping Pong 1:00 Senior Showcase Band</p> <p><b>HUNGARIAN GOULASH W/NOODLES BLACK BEAN BURGER (VO)</b></p>	<p><b>2 GROUNDHOG DAY</b></p> <p>8:30 Billiards 9:00 Gentle Exercise <b>10:00 Smart Phone Technology</b> 11:30 Ping Pong 12:30 Wii Games 12:30 Open Computer Lab <b>1:00 Non-Traditional Doll Making</b> <b>1:00 Mahjong</b></p> <p><b>CHICKEN BREAST OR CHEF'S SALAD EGG BAKE (VO)</b></p>
<p><b>8</b></p> <p>8:30 Billiards 9:00 Gentle Exercise <b>9:45 Preschool</b> 10:00 Computer Lab <b>10:00 Chair Yoga</b> 11:00 Li Chiao Ping 11:30 Ping Pong 1:00 Senior Showcase Band 1:00 Gay, Gray &amp; Beyond</p> <p><b>SAUSAGE GRAVY OVER A BISCUIT* QUICHE (VO)</b></p>	<p><b>9</b></p> <p>8:30 Billiards 9:00 Gentle Exercise <b>9:00 AARP Tax Aide</b> <b>10:00 Ballroom Basics for Balance</b> 11:30 Ping Pong 12:00 SOS Senior Council 12:30 Wii Games 12:30 Open Computer Lab 1:00 Non-Traditional Doll Making 1:00 Mahjong</p> <p><b>CHICKEN ENCHILADA OR CHICKEN SALAD VEGGIE ENCHILADAS (VO)</b></p>
<p><b>15</b></p> <p>8:30 Billiards 9:00 Gentle Exercise 10:00 Computer Lab 10:00 PLATO (2) 10:00 Chair Yoga <b>10:00 Scams &amp; POA Abuses</b> 11:00 Li Chiao Ping 11:30 Ping Pong 1:00 Senior Showcase Band <b>6:00 LGBT Social: The Clarenbach House Project</b></p> <p><b>TRADITIONAL MEATLOAF* VEGGIE MEATBALLS (VO)</b></p>	<p><b>16</b></p> <p>8:30 Billiards 9:00 AARP Tax Aide 9:00 Gentle Exercise 10:00 Mahjong 10:00 Ballroom Basics for Balance 11:30 Ping Pong 12:30 Wii Games 12:30 Open Computer Lab 1:00 Non-Traditional Doll Making 1:00 Mahjong</p> <p><b>OPEN FACED CHICKEN &amp; GRAVY SANDWICH OR PORK TACO SALAD VEGGIE BURGER (VO)</b></p>
<p><b>22</b></p> <p>8:30 Billiards 9:00 Gentle Exercise 10:00 Computer Lab 10:00 Chair Yoga 11:00 Li Chiao Ping 11:30 Ping Pong 1:00 Senior Showcase Band 1:00 Gay, Gray &amp; Beyond</p> <p><b>MEATBALLS IN GRAVY* VEGGIE MEATBALLS (VO)</b></p>	<p><b>23</b></p> <p>8:30 Billiards 9:00A AARP Tax Aide 9:00 Gentle Exercise 10:00 Ballroom Basics for Balance 11:30 Ping Pong 12:30 Wii Games 12:30 Open Computer Lab 1:00 Non-Traditional Doll Making 1:00 Mahjong <b>1:00 PLATO</b></p> <p><b>BAKED CHICKEN OR HUMMUS PLATE GARDEN BURGER (VO)</b></p>
<p><b>JOIN US FOR LUNCH! SERVING 11:30 AM, MONDAY-FRIDAY.</b></p> <p>Enjoy a variety of healthy, delicious meals with friends. Reservations are required at least one day in advance by calling (608) 266-6416.</p> <p>The cost to provide a meal is \$10.23; guests over 60 are asked to pay what they can contribute, with a suggested donation of \$4.</p> <p><b>Vegetarian Option (VO) will be listed as the second option. Entrees with pork have an *.</b></p>	

# Festivity

