

Activity & Meal Calendar - February, 2019

MONDAY	TUESDAY	WEDNESDAY
<p>JOIN US FOR LUNCH! SERVING 11:30 AM, MONDAY-FRIDAY.</p> <p>Enjoy a variety of healthy, delicious meals with friends. Reservations are required at least one day in advance by calling (608) 266-6416.</p> <p>The cost to provide a meal is \$8.97; guests age 60+ are asked to pay what they can contribute, with a suggested donation of \$4.</p> <p>Meat Free Option (MO) will be listed as the second option. Entrees with pork have an *.</p>		
<p>4</p> <p>8:30 Billiards 9:00 Gentle Exercise 10:00 Hidden Colors 11:00 Social Worker 11:30 Table Tennis 11:30 Computer Lab 12:30 Wii Bowling</p> <p>BEEF POT PIE W/BISCUIT TOP VEGGIE POT PIE (MO)</p>	<p>5 CHINESE NEW YEAR</p> <p>8:30 Billiards 9:00 Gentle Exercise 10:00 Computer Lab 11:00 Table Tennis 1:00 Movie: The Bride Came C.O.D</p> <p>CHICKEN & GRAVY SOY POT PIE (MO)</p>	<p>6</p> <p>8:30 Billiards 9:00 Foot Care Clinic 9:30 Rediscover Literature 10:00 PLATO 11:30 Table Tennis 11:30 Computer Lab 12:00 WWI: The Great War 12:30 Wii Bowling 1:30 Spanish Conversation 1:30 PLATO</p> <p>FISH SANDWICH BLACK BEAN BURGER (MO)</p>
<p>11</p> <p>8:30 Billiards 9:00 Gentle Exercise 10:00 Hidden Colors 10:30 Knit 1, Purl 2 11:00 Social Worker 11:30 Table Tennis 11:30 Computer Lab 12:30 Wii Bowling 5:00 Aging Mastery Program (AMP) at Warner</p> <p>CHEESEBURGER GARDEN BURGER (MO)</p>	<p>12</p> <p>8:30 Billiards 9:00 Gentle Exercise 10:00 Computer Lab 11:00 Table Tennis 1:00 Movie: Steel Magnolias</p> <p>EGG SALAD SANDWICH</p>	<p>13</p> <p>8:30 Billiards 9:30 Rediscover Literature 9:30 PLATO 11:30 Table Tennis 11:30 Computer Lab 12:00 WWI: The Great War 12:30 Wii Bowling 1:30 Spanish Conversation</p> <p>BEEF STEW VEGGIE BURGER (MO)</p>
<p>18 PRESIDENT'S DAY</p> <p>8:30 Billiards 9:00 Gentle Exercise 10:00 Hidden Colors 11:00 Social Worker 11:30 Table Tennis 11:30 Computer Lab 12:30 Wii Bowling 5:00 AMP at Warner</p> <p>CHEESE TORTELLINI BAKE VEGGIE TORTELLINI (MO)</p>	<p>19</p> <p>8:30 Billiards 9:00 Gentle Exercise 10:00 Computer Lab 11:00 Table Tennis 1:00 Movie: Ocean's Eight</p> <p>CHICKEN A LA KING SOY A LA KING (MO)</p>	<p>20</p> <p>8:30 Billiards 9:30 Rediscover Literature 9:30 PLATO 10:00 Facebook Seminar 11:30 Table Tennis 12:00 WWI: The Great War 12:30 Computer Lab 12:30 Wii Bowling 1:30 Spanish Conversation 1:30 PLATO Open House 1:45 Massage 5:45 Latinx Discussion Group</p> <p>BBQ CHICKEN ON THE BONE MAC-N-CHEESE (MO)</p>
<p>25</p> <p>8:30 Billiards 9:00 Gentle Exercise 10:00 Hidden Colors 11:00 Social Worker 11:30 Table Tennis 11:30 Computer Lab 12:30 Wii Games 5:00 AMP at Warner</p> <p>EGG BAKE</p>	<p>26</p> <p>8:30 Billiards 9:00 Gentle Exercise 10:00 Computer Lab 11:00 Table Tennis 12:15 Red Hats 1:00 KG & The Ranger</p> <p>PIZZA BURGER CHEESE/TOMATO SANDWICH (MO)</p>	<p>27</p> <p>8:30 Billiards 9:30 Rediscover Literature 9:30 PLATO 11:30 Table Tennis 12:00 WWI: The Great War 12:30 Computer Lab 12:30 Wii Games 1:30 Spanish Conversation 1:30 PLATO</p> <p>HAM & POTATO CASSEROLE VEGGIE POTATO CASSEROLE (MO)</p>

THURSDAY	FRIDAY
<p>FEBRUARY 2 IS GROUNDHOG DAY</p> 	<p>1</p> <p>8:30 Billiards 9:00 Gentle Exercise 11:30 Table Tennis 11:30 Computer Lab 12:30 Wii Games 1:00 Non-Traditional Doll Making 5:00 Who Matters? Vol. 2 Exhibit Grand Opening</p> <p>CHICKEN STEW OR 7 LAYER SALAD VEGGIE STEW (MO)</p>
<p>7</p> <p>8:30 Billiards 9:00 Gentle Exercise 10:00 Blood Pressure Screening 10:00 Computer Lab 10:00 Chair Yoga 11:30 Table Tennis 1:00 Senior Showcase Band</p> <p>MEATBALLS/MARINARA W/ PENNE VEGGIE MEATBALLS (MO)</p>	<p>8</p> <p>8:30 Billiards 9:00 Gentle Exercise 11:30 Table Tennis 11:30 Computer Lab 12:30 Wii Games 1:00 Non-Traditional Doll Making</p> <p>CHICKEN SALAD OR TUNA SALAD EGG SALAD (MO)</p>
<p>14 VALENTINE'S DAY</p> <p>8:30 Billiards 9:00 Gentle Exercise 9:45 Preschool 10:00 Computer Lab 10:00 Chair Yoga 11:30 Table Tennis 1:00 Senior Showcase Band 1:00 Gay, Gray & Beyond</p>  <p>CHICKEN MAC CASSEROLE VEGGIE MAC CASSEROLE (MO)</p>	<p>15</p> <p>8:30 Billiards 9:00 Gentle Exercise 11:30 Table Tennis 11:30 Computer Lab 12:30 Wii Bowling 1:00 Non-Traditional Doll Making 1:30 Science Wars</p> <p>BBQ RIBS OR BEEF TACO SALAD VEGGIE WRAP (MO)</p>
<p>21</p> <p>8:30 Billiards 9:00 Gentle Exercise 10:00 Chair Yoga 10:00 Computer Lab 11:30 Table Tennis 1:00 Senior Showcase Band</p> <p>TRADITIONAL MEATLOAF VEGGIE MEATBALLS (MO)</p>	<p>22</p> <p>8:30 Billiards 9:00 Gentle Exercise 11:30 Table Tennis 11:30 Computer Lab 12:30 Wii Bowling 1:00 Non-Traditional Doll Making 1:30 Science Wars</p> <p>POT ROAST/GRAVY OR CHEF SALAD HUMMUS WRAP (MO)</p>
<p>28</p> <p>8:30 Billiards 9:00 Gentle Exercise 10:00 Chair Yoga 10:00 Computer Lab 11:30 Table Tennis 1:00 Senior Showcase Band 1:00 Gay, Gray & Beyond</p> <p>BBQ CHICKEN BREAST MULTIGRAIN BURGER (MO)</p>	

February

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