

Activity & Meal Calendar - June, 2019

MONDAY	TUESDAY	WEDNESDAY
3 9:00 Spanish 1 - MC 9:00 Gentle Exercise 11:00 Social Worker 11:30 Table Tennis 11:30 Computer Lab 12:30 Wii Bowling MEATBALLS IN MARINARA OVER PENNE* VEGGIE MEATBALLS (MO)	4 9:00 Gentle Exercise 9:00 Spanish 2 - MC 9:00 Computer Lab 10:00 Mark Twain 11:00 Table Tennis 1:00 Movie: <i>Dial M for Murder</i> CHICKEN SALAD W/CROISSANT HUMMUS AND PITA (MO)	5 9:00 Rediscover Literature 9:00 Foot Care Clinic 11:30 Table Tennis 11:30 Computer Lab 12:00 Rise of Rome 12:30 Wii Bowling 1:30 Spanish Conversation BEEF STEW VEGGIE STEW (MO)
10 9:00 Spanish 1 - MC 9:00 Gentle Exercise 10:00 iPhone Basics 10:30 Knit 1, Purl 2 11:00 Social Worker 11:30 Table Tennis 11:30 Computer Lab 12:30 Wii Bowling 1:00 MTA: Don Ardell, "56 Strategies for Thriving in Later Life" CHICKEN MAC CASSEROLE MAC & CHEESE (MO)	11 9:00 Gentle Exercise 9:00 Spanish 2 - MC 9:00 Computer Lab 10:00 CWA Trishaw Rides 11:00 Table Tennis 1:00 Movie: <i>On the Basis of Sex</i> CHEESE TORTELLINI BAKE VEGGIE TORTELLINI BAKE (MO)	12 9:00 Rediscover Literature 9:30 Herb Gardening - MC 10:00 PLATO 11:30 Table Tennis 11:30 Computer Lab 12:00 Rise of Rome 12:30 Wii Bowling 1:30 Spanish Conversation 1:30 PLATO 6:00 Latinx Discussion Group CHICKEN A LA KING VEGGIE A LA KING (MO)
17 9:00 Spanish 1 - MC 9:00 Gentle Exercise 10:00 Farmer's Market Voucher Dist. 11:00 Social Worker 11:30 Table Tennis 11:30 Computer Lab 12:30 Wii Bowling EGG BAKE	18 9:00 Gentle Exercise 9:00 Spanish 2 - MC 9:00 Computer Lab 11:00 Table Tennis 1:00 Movie: <i>Juliet, Naked</i> HAM & POTATO CASSEROLE* VEGGIE & POTATO CASSEROLE (MO)	19 9:00 Rediscover Literature 10:00 Intro to Instagram 11:30 Table Tennis 11:30 Computer Lab 12:00 Rise of Rome 12:30 Wii Bowling 1:30 Spanish Conversation 1:45 Massage MEATLOAF* VEGGIE MEATBALLS (MO)
24 9:00 Spanish 1 - MC 9:00 Gentle Exercise 11:00 Social Worker 11:30 Table Tennis 11:30 Computer Lab 12:30 Wii Bowling 1:00 PLATO ENCHILADA CASSEROLE BEAN & CHEESE BURRITO (MO)	25 9:00 Gentle Exercise 9:00 Spanish 2 - MC 9:00 Computer Lab 11:00 Table Tennis 12:15 Red Hats 1:00 Rich Baumann BEEF STROGANOFF VEGGIE STROGANOFF (MO)	26 9:00 Rediscover Literature 10:00 PLATO 11:30 Table Tennis 11:30 Computer Lab 12:00 Rise of Rome 12:30 Wii Bowling 1:30 Spanish Conversation 1:30 PLATO SEAFOOD SALAD EGG SALAD (MO)

JOIN US FOR LUNCH! SERVING 11:30 AM, MONDAY-FRIDAY.

This is a congregate nutrition site operated by NewBridge. Reservations are required at least 24 hours in advance by calling (608) 266-6416.

The cost to provide a meal is \$8.97; guests over 60 are asked to pay what they can contribute, with a suggested donation of \$4.

Meatless Option (MO) will be listed as the second option. Entrees with pork have an *.

THURSDAY	FRIDAY
<p>6</p> <p>9:00 Gentle Exercise 9:00 Spanish 2 - MC 9:00 Computer Lab 10:00 Chair Yoga 11:00 Li Chiao Ping 11:30 Table Tennis 12:30 Wii Bowling 1:00 Senior Showcase Band</p> <p>EGG SALAD SANDWICH</p>	<p>7</p> <p>9:00 Gentle Exercise 10:00 Painting - MC Class 10:00 Everyone on Madison 10:30 Bullying 11:30 Table Tennis 11:30 Computer Lab 12:30 Wii Bowling</p> <p>CHEESEBURGER OR COTTAGE CHEESE PLATTER BLACK BEAN BURGER (MO)</p>
<p>13</p> <p>8:45 AARP Safe Driver 9:00 Gentle Exercise 9:00 Spanish 2 - MC 9:00 Computer Lab 10:00 Chair Yoga 11:30 Table Tennis 12:30 Wii Bowling 1:00 Senior Showcase Band 1:00 Gay, Gray & Beyond</p> <p>TRADITIONAL MEATLOAF GARDEN BURGER (MO)</p>	<p>14 FLAG DAY</p> <p>9:00 Gentle Exercise 10:00 Painting - MC 10:00 Everyone on Madison 10:00 Smart Phones 2 11:30 Table Tennis 11:30 Computer Lab 12:30 Wii Bowling 1:00 SOS Senior Council</p> <p>POT ROAST W/GRAVY OR EGG SALAD EGG SALAD (MO)</p> 
<p>20</p> <p>9:00 Gentle Exercise 9:00 Spanish 2 - MC 9:00 Coffee with Sally Jo 9:00 Computer Lab 10:00 Chair Yoga 11:30 Table Tennis 1:00 Senior Safety Fair</p> <p>PIZZA BURGER GARDEN BURGER (MO)</p>	<p>21 MAKE MUSIC MADISON / SUMMER BEGINS</p> <p>9:00 Gentle Exercise 10:00 Painting - MC 10:00 Everyone on Madison 11:30 Table Tennis 11:30 Computer Lab 12:30 Wii Bowling</p> <p>BBQ CHICKEN BREAST OR BEEF TACO SALAD VEGGIE BBQ CHICKEN (MO)</p> 
<p>27</p> <p>9:00 Gentle Exercise 9:00 Spanish 2 - MC 9:00 Computer Lab 10:00 Chair Yoga 11:30 Table Tennis 1:00 Senior Showcase Band 1:00 Gay, Gray & Beyond</p> <p>CHICKEN STRIPS VEGGIE BBQ CHICKEN (MO)</p>	<p>28</p> <p>8:30 Billiards 9:00 Gentle Exercise 10:00 Painting - MC 11:30 Table Tennis 12:30 Wii Bowling 12:30 Computer Lab</p> <p>TUNA CASSEROLE OR CHICKEN SALAD VEGGIE CASSEROLE (MO)</p>
	

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