



Activity & Lunch Calendars - May, 2017

MONDAY	TUESDAY	WEDNESDAY
<p>1</p> <p>8:30 Billiards 9:00 Gentle Exercise 9:30 TOPS Meeting 11:00 Social Worker 11:30 Ping Pong 12:30 Wii Games 12:30 Open Computer Lab 1:00 Billiards</p>  <p>SPAGHETTI W/MEAT SAUCE SOY MEAT SAUCE (VO)</p>	<p>2</p> <p>8:30 Billiards 9:00 Bridge 9:00 Gentle Exercise 10:00 Open Computer Lab 11:00 Ping Pong 1:00 Movie: Wife versus Secretary 1:00 PLATO</p> <p>SHRIMP PASTA SALAD CHEESE PASTA SALAD (VO)</p>	<p>3</p> <p>8:30 Billiards 9:00 Rediscover Literature 9:00 Simple Strength 9:00 Foot Care clinic 11:30 Ping Pong 12:30 Open Computer Lab 12:30 Wii Games 1:00 Billiards 1:30 Spanish Conversation</p> <p>SWISS STEAK OR GARDEN SALAD SWISS SOY MIX OVER RICE (VO)</p>
<p>8</p> <p>8:30 Billiards 9:00 Gentle Exercise 9:30 TOPS Meeting 10:00 Memoir Writing 10:30 Knit One, Purl 2 11:00 Social Worker 11:30 Ping Pong 12:30 Wii Games 12:30 Open Computer Lab 1:00 Billiards 6:00 MC: Cooking for 1 or 2</p> <p>AU GRATIN POTATOES W/HAM* AU GRATIN W/SOY MEAT VO)</p>	<p>9</p> <p>8:30 Billiards 9:00 Bridge 9:00 Gentle Exercise 10:00 Open Computer Lab 11:00 Ping Pong 12:00 MTA Brown Bag - Patty Loew 1:00 PLATO</p> <p>PHILLY CHEESE STEAK VEGETARIAN WRAP (VO)</p>	<p>10</p> <p>8:30 Billiards 9:00 Rediscover Literature 11:30 Ping Pong 12:30 Open Computer Lab 12:30 Wii Games 1:00 Billiards 1:30 Spanish Conversation 5:30 Latino Discussion Group</p> <p>BREADED FISH OR CHICKEN SALAD POTATO W/VEG CHEESE SAUCE (VO)</p>
<p>15</p> <p>8:30 Billiards 9:00 Gentle Exercise 9:30 TOPS Meeting 11:00 Social Worker 11:30 Ping Pong 12:30 Wii Games 12:30 Open Computer Lab 1:00 Billiards 6:00 MC: Cooking for 1 or 2</p> <p>CHICKEN CACCIATORE SOY MEAT SAUCE (VO)</p>	<p>16</p> <p>8:30 Billiards 9:00 Bridge 9:00 Gentle Exercise 10:00 Open Computer Lab 10:00 Biking Safety 11:00 Ping Pong 1:00 Movie: La La Land</p> <p>MEATLOAF* VEGGIE PATTY (VO)</p>	<p>17</p> <p>8:30 Billiards 9:00 Rediscover Literature 9:00 Simple Strength 10:00 Vivian Probst 11:30 Ping Pong 12:30 Open Computer Lab 12:30 Wii Games 1:00 Billiards 1:30 Spanish Conversation</p> <p>BAKED COD OR CHEF SALAD VEGGIE CHEESE OVER POTATOES</p>
<p>22</p> <p>8:30 Billiards 9:00 Gentle Exercise 9:30 TOPS Meeting 10:00 Memoir Writing 10:30 Knit One, Purl 2 11:00 Social Worker 11:30 Ping Pong 12:30 Wii Games 12:30 Open Computer Lab 1:00 Billiards</p> <p>BAKED FISH & TARTAR SAUCE CHEESE ON RED POTATOES (VO)</p>	<p>23</p> <p>8:30 Billiards 9:00 Bridge 9:00 Gentle Exercise 10:00 Open Computer Lab 11:00 Ping Pong 1:00 Smart Phones</p> <p>BBQ CHICKEN VO VEGETARIAN WRAP (VO)</p>	<p>24</p> <p>8:30 Billiards 9:00 Rediscover Literature 9:00 Simple Strength 10:00 Massage 11:30 Ping Pong 12:30 Open Computer Lab 12:30 Wii Games 1:00 Billiards 1:30 Spanish Conversation</p> <p>STUFFED PEPPER OR TACO SALAD VEG SOUP, CHEESE SANDWICH (VO)</p>
<p>29</p>  <p>SENIOR CENTER CLOSED</p>	<p>30</p> <p>8:30 Billiards 9:00 Bridge 9:00 Gentle Exercise 10:00 Open Computer Lab 11:00 Ping Pong 12:15 Red Hat Mamas 1:00 Native Americans in Wisconsin Today</p> <p>BAKED FISH & TARTAR SAUCE RED BEANS & RICE (VO)</p>	<p>31 NATIONAL SENIOR HEALTH & FITNESS DAY</p> <p>8:30 Billiards 9:00 Rediscover Literature 11:30 Ping Pong 12:30 Open Computer Lab 12:30 Wii Games 1:00 Billiards 1:30 Spanish Conversation 5:30 Summer Boomer Bash at Goodman Community Ctr.</p> <p>SPAGH W/MEAT SAUCE OR SALAD SPAGH W/SOY MEAT SAUCE (VO)</p>

THURSDAY	FRIDAY
<p>4</p> <p>8:30 Billiards 9:00 Gentle Exercise 10:00 Open Computer Lab 10:00 Chair Yoga 10:00 PLATO (2) 11:00 LBDM / Li Chiao-Ping 11:30 Ping Pong 1:00 Senior Showcase Band 1:00 Billiards 2:30 AMP</p> <p>CHICKEN MACARONI SALAD CHEESE PASTA SALAD (VO)</p>	<p>5</p> <p>8:30 Billiards 9:00 Gentle Exercise 10:00 Ballroom Basics for Balance 11:30 Ping Pong 12:30 Wii Games 12:30 Open Computer Lab 1:00 Billiards 4:00 Gallery Night</p> <p>CHICKEN ENCHILADA CASSEROLE VEGGIE ENCHILADA (VO)</p>
<p>11</p> <p>8:30 Billiards 9:00 Gentle Exercise 9:00 AARP Safe Driver 10:00 Preschool Crafts 10:00 Open Computer Lab 10:00 Chair Yoga 11:00 LBDM / Li Chiao-Ping 11:30 Ping Pong Senior Showcase Band 1:00 Billiards 1:00 Gay & Gray Discussion 2:30 AMP</p> <p>AMERICAN CHOP SUEY ON RICE SOY CHOP SUEY (VO)</p>	<p>12</p> <p>8:30 Billiards 9:00 Gentle Exercise 10:00 Haircuts 10:00 Ballroom Basics for Balance 11:30 Ping Pong 12:00 SOS Senior Council 12:30 Wii Games 12:30 Open Computer Lab 1:00 Fabric Art 1:00 PLATO 1:00 Billiards</p> <p>CHEESEBURGER ON WW BUN EGG SALAD SANDWICH (VO)</p>
<p>18</p> <p>8:30 Billiards 9:00 Gentle Exercise 10:00 Chair Yoga 10:00 Open Computer Lab 11:00 LBDM / Li Chiao-Ping 11:30 Ping Pong Senior Showcase Band 1:00 Billiards 2:30 AMP</p> <p>BEEF BURRITO BAKE VEGGIE BURRITO BAKE (VO)</p>	<p>19</p> <p>8:30 Billiards 9:00 Gentle Exercise 10:00 Ballroom Basics for Balance 11:30 Ping Pong 12:30 Wii Games 12:30 Open Computer Lab 1:00 PLATO 1:00 Billiards</p> <p>SLOPPY JOE ON BUN VEGETARIAN SLOPPY JOE (VO)</p>
<p>25</p> <p>8:30 Billiards 9:00 Gentle Exercise 10:00 Open Computer Lab 10:00 Chair Yoga 11:00 LBDM / Li Chiao-Ping 11:30 Ping Pong 1:00 Gay & Gray Discussion Senior Showcase Band 1:00 Billiards 2:30 AMP</p> <p>HAM SLICE* VO VEGGIE MEATBALLS (VO)</p>	<p>26</p> <p>8:30 Billiards 9:00 Gentle Exercise 11:30 Ping Pong 12:30 Wii Games 12:30 Open Computer Lab 1:00 Fabric Art 1:00 Billiards</p> <p>HAMBURGER ON BUN VEGGIE PATTY (VO)</p>
<p>Join us for lunch! Serving 11:30 am, Monday-Friday</p> <p>Enjoy a variety of healthy, delicious meals with friends. Reservations are required at least one day in advance by calling 266-6416. The cost to provide a meal is \$7.50; guests over 60 are asked to pay what they can contribute, with a suggested donation of \$4. Vegetarian Option (VO) will be listed as the second option. Entrees with pork have an *.</p>	

May



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