

THE Messenger

VOLUME 43, NUMBER 7

JULY, 2026

Inside this Issue

- For Your Information2
- Lifelong Learning4
- Technology & Finance6
- Services8
- Health & Wellness 9 & 10
- Group Activities10
- Program & Activity List..... 12
- Calendar13
- Movies14
- LGBTQ 50+ Alliance15
- Empowering Black Older Adults...16
- Programas en Español17
- Volunteer Opportunities18
- Community Resources19
- News.....21
- Puzzle 22
- Foundation.....23

Welcome, Juan Carlos!

If you have been in the Center since June 8th, you may have already met our new AASPIRE Marketing Intern, Juan Carlos Garcia Martinez. If you haven't yet, stop on by to say hello! Juan Carlos is with us through the middle of August as he completes his internship and helps the Madison Senior Center with some of its marketing needs. Juan Carlos is a recent UW-Madison graduate, having focused on Journalism and Mass Communication; Chicana/o and Latina/o Studies; and Latin American, Caribbean and Iberian Studies. He is passionate about community-building and has a strong desire to use marketing to expand language accessibility. We are excited to have him here as part of the City's Affirmative Action Student Professionals in Residence (AASPIRE) program, which is available each summer to current college students from an accredited university, a two-year technical college program, or from our Community Partner's training programs.



Madison Senior Center
 330 W. Mifflin Street
 Madison, Wisconsin 53703
 (608) 266-6581
cityofmadison.com/senior-center



Ice Cream Social
Featuring SoundBillies
THURSDAY, JULY 16, 12:30 – 1:30 PM



See page 4 for more information.

FOR YOUR INFORMATION

Directory

Phone (608) 266-6581

Websitemadisonseniorcenter.org

SENIOR CENTER STAFF

Community Resources Manager, Yolanda Shelton-Morris (she, her)

(608) 266-6563, yshelton-morris@cityofmadison.com

Facility Operations Supervisor, Alana LaBeaf (she, her)

(608) 267-8652, alabeaf@cityofmadison.com

Program & Outreach Coordinator, Laura Hunt (she, her)

(608) 267-8650, lhunt@cityofmadison.com

Program & Outreach Coordinator, Ericka Boeoy (she, her)

(608) 266-6290, eboeoy@cityofmadison.com

Facility Operations Assistant, Gary Flesher

(608) 267-8651, gflesher@cityofmadison.com

Custodian, Ricky Butler (he, him)

(608) 266-6581, rbutler@cityofmadison.com

Front Desk Associate, Beatrice Gonzalez (she, her, they, them)

(608) 266-6581, bgonzalez@cityofmadison.com

AASPIRE Marketing Intern, Juan Carlos Garcia Martinez (he, him)

(608) 267-2344, JGarciaMartinez@cityofmadison.com

The Madison Senior Center promotes successful aging. AA/EOC Employer and Service Provider

Member of



MISSION STATEMENT

The Madison Senior Center provides opportunities for older adults to engage in healthy living education and activities in a relevant and inclusive community.

OUR VISION

Become known as an inclusive community where older adults thrive.

Program Format & Registration

Programs are offered in person, virtually and hybrid. Watch for the “**VIRTUAL**” after the program time. Classes that are both in person and virtual are referred to as “**Hybrid**”.

R = Registration Required. **Purple** text or a purple **S** means the program will be in Spanish. If a program is virtual or hybrid, you will receive the Zoom link in an email after you register. If there is a fee, payment is required at the time of registration. **To register for a program, email seniorcenter@cityofmadison.com or call (608) 266-6581.**

If you need interpretation, translation, or a reasonable accommodation, contact seniorcenter@cityofmadison.com or 608-266-6581.

Public spaces (interior and exterior) at the Madison Senior Center are monitored by staff on video security cameras; participants and visitors may be recorded.

SUBSCRIBE TODAY!

To receive a mailed copy of the monthly newsletter, please send this completed form with an enclosed check (\$10 per year), payable to the Madison Senior Center.

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____

Mail to: Madison Senior Center, 330 W. Mifflin St., Madison, WI 53703

FOR YOUR INFORMATION

Scholarship Fund

Scholarships are available to people age 55 and older with annual income less than \$31,300 (one person) or \$42,300 (two people) for programs and events. The application is simple and all information is confidential. Call 266-6581 or email seniorcenter@cityofmadison.com

Endorsements

The Madison Senior Center does not endorse or recommend private agencies or service providers. Presenters are selected for their subject matter expertise. Private companies also may provide donations for programs or allow employees to volunteer as part of their workday. Accepting these donations is not an endorsement of the business. Always do your own research before selecting a service provider.

Photography

All programs, events and daily activities may be photographed, and the pictures may be used in promotional materials or posted to social media. If you object to the use of your image, please inform the photographer.



Health & Safety Precautions

To protect the health and safety of all participants, volunteers, and staff in our building, we ask that all facility visitors agree to the following practices:

- » Follow guidance provided by the CDC and Public Health Madison and Dane County.
- » Stay home if you are sick. If you appear sick, you may be asked to leave the building.
- » Wash hands often with soap and water for at least 20 seconds.
- » Take advantage of hand sanitizer stations.
- » Use a tissue to cover a cough or sneeze.
- » Respect the personal space of others.

Masks are welcome and available for free at the front desk.

Key Cards – Checking-In

When you visit the Senior Center, please make sure you check-in at the Front Desk with your key card. If you do not have a key card, stop at the Front Desk, fill out a Member Form, and we will give you a key card. This allows us to keep track of how many people use the Senior Center. Usage is directly connected to our funding. *Note: If you are at the Senior Center for lunch, you will also have to check-in at the NewBridge Nutrition Site.

Building Hours

- » **Tuesday - Wednesday - Thursday** 8:30 am - 4:00 pm
- » **Monday & Friday** 8:30 am - 1:00 pm

You Belong Here!

If you are age 55 or older you belong at the Madison Senior Center. If you don't see a program relevant to your needs or interests, let us know. Call us at (608) 266-6581 or email seniorcenter@cityofmadison.com

Language Access Program

The City of Madison Language Access Program provides access to City services for people whose primary language is not English. We are committed to improving accessibility for all. If you would like more information, speak to a staff person or email us at seniorcenter@cityofmadison.com

LIFELONG LEARNING

To register for programs, or for interpretation, translation, or a reasonable accommodation call 608-266-6581 or email seniorcenter@cityofmadison.com

Docs to Digest: *Some Kind of Heaven* (2020)


THURSDAY, JULY 2, 12:30 - 2:30 PM

Join us in the Senior Center lounge once a month for a special post-lunch documentary screening. In July, we will watch *Some Kind of Heaven* (2020), Unrated: Behind the gates of a palm tree-lined fantasyland, four residents of America's largest retirement community, The Villages, FL, strive to find solace and meaning.




Exploring Poetry

2ND WEDNESDAYS, 11 AM - 12:30 PM

This program is for anyone who enjoys poetry. There are opportunities to read, recite and write. Writing poetry is spills and thrills for the beginner and expert, too. There are countless small pitfalls, but sometimes in the writing something happens, an “ah ha” moment where the poet feels they can say precisely what needs to be said. Led by Mark Kraushaar. 

Exploring Spirituality

2ND WEDNESDAYS, 1 - 2 PM

What is spirituality? What does it mean to be spiritual? Join us to discuss Christian perspectives on this topic. Facilitated by Pastor Philip Moldenhauer. People of all faiths are welcome to these conversations. 

Friday Open Stage

EVERY FRIDAY, 10 - 11 AM

The First Friday theme for July is US of A. On other Fridays, join in as a performer or observer for an hour of live variety performance – music, poetry, comedy, you pick! If performing, bring whatever instrument or prop you need to perform. Open to all styles of expression!

Ice Cream Social Featuring SoundBillies

THURSDAY, JULY 16, 12:30 – 1:30 PM

July is National Ice Cream Month, which dairy-loving Wisconsinites simply must celebrate! Sugar-free and dairy-free options will also be available. We will serve vanilla ice cream with a variety of toppings so you can make your dream sundae to enjoy while listening to live music. SoundBillies are a popular local band featuring toe-tapping contemporary bluegrass, blues, country, folk, and gospel. Enjoy a cool treat and some jubilant, soulful tunes!

Weather-permitting we will be outside, so bring your shades, hat, sunblock, and your favorite outdoor seating for some warm weather fun. There is also limited park seating available, and we will provide outdoor seating for those needing it.



Karaoke!

2ND & 4TH THURSDAYS, 12:30 - 1:30 PM

Join us in a post-lunch round of karaoke! Belt out your favorite tunes from any decade, which you can select from our extensive song catalog. The lyrics and background music are ready to go – bring your singing voice and let the good times roll! There is a 3-song limit per person.

LIFELONG LEARNING

To register for programs, or for interpretation, translation, or a reasonable accommodation call 608-266-6581 or email seniorcenter@cityofmadison.com

Kids in the Rotunda

THURSDAY, AUGUST 6, 10 – 11 AM

Get ready for a high-energy, interactive show with Jeanie B! Known as “Velcro for kids,” Jeanie’s playful performances blend music, movement and plenty of silliness to keep everyone singing, dancing and laughing. With seven albums of original music and decades of experience captivating young audiences, Jeanie delivers a rockin’ mix of fun and learning that delights kids and entertains parents alike! This is a special offsite Overture Center performance that will be hosted at the Madison Senior Center.



Premier World Discovery Group Travel Opportunities

- » Cape Cod and the Islands
Departs 9/12/2026
\$3,775 pp/double
- » Smoky Mountains & Pigeon Forge Holiday
Departs 12/6/2026
\$3,149 pp/double



Podcast Discussion Group

2ND & 4TH TUESDAYS, 10 - 11 AM


We will watch a video podcast or listen to an audio podcast about a local issue and discuss it afterwards while enjoying coffee and refreshments!

Pontoon Boat Ride

FRIDAY, JULY 10, 9:15 – 11:30 AM

OLIN PARK BOAT DOCK,
1156 OLIN-TURNVILLE CT



Join us for our first MSC Pontoon Boat Ride! Enjoy a relaxing morning on Lake Monona with a stop for ice cream at Schluter Beach (not included). Meet at the boat dock at 9:15 AM. Bring a hat, sunscreen, and any snacks or drinks you want. Water will be provided. This trip is limited to 14 people. You must register to participate. 

Watercolor Painting

WEDNESDAYS, 10 – 11 AM

Paint to relax and express yourself while you chat and enjoy a coffee (or tea!) with other older adults. When available, one of our volunteers will join in. All supplies provided, and no advanced signup is needed.



TECHNOLOGY & FINANCE

Computer Lab

The Computer Lab is open during normal building hours for general use. Public printing is not available.

Conversations: Please try to minimize conversations not related to the work being done at the computer. Use low tones and be respectful of other computer lab users.


Audible Clips, Music, etc.: When the office is open, headsets can be checked out if you don't have your own. Borrowers must leave a photo ID and follow sanitation procedures.

Food & Beverages: Food is not allowed on top of the computer desks, and eating is not permitted in the Computer Lab. Beverages with unsecured lids are not allowed in the Computer Lab.

Drop-in Computer Assistance Hours: Drop in during these hours for 1:1 technology help. To guarantee your spot, call in advance to schedule an appointment. Scheduled assistance may be available other days and times, so calling in advance is recommended: 608-267-6581, or email seniorcenter@cityofmadison.com


- » Monday 9 – 11 AM
- » Tuesday 10 – 11:30 AM, 12 – 2 PM
- » Wednesday 11 AM – 2 PM
- » Thursday 9:30 – 11:30 AM, 12 – 4 PM
- » Friday 9 - 11 AM





Smartphone Smarts

WEDNESDAY, JULY 1, 12:30 - 1:30

Learn some of the many ways your smartphone can be useful for things other than phone calls and texting; such as for email, taking pictures, checking your bank balances and MyChart, and much more! Also learn tips for being "in-control" of your phone such as silencing it during programs, declining phone calls, and using facial recognition or pass keys. Your smartphone is a small computer that can do so many useful things. Join Zeke Segerstrom, COO & Co-Founder of Encryptiest Security. Simplified. 



A PARTNER FOR LOCAL CARE

Contact your county's Aging and Disability Resource Center to find out if you qualify.



www.lakelandcareinc.com

Does your organization need a newsletter? We'll cover the printing costs!



Learn more at lpicomunities.com



FREE DELIVERY
with \$40 Purchase

Open 7 a.m - Midnight 7 Days a week
111 N Broom St 608-255-2616
www.capecentremarket.com

Planning isn't just for You



Pre-Arranging Service
Funeral Burial Plans
Funeral Cremation Plans



608-221-5420
gundersonfh.com

- East / Madison 608-221-5420
- Middleton 608-831-6761
- Oregon 608-835-3515
- Cross Plains 608-798-3141
- Fitchburg 608-442-5002
- Stoughton 608-873-4590
- Black Earth 608-767-3684
- Mount Horeb 608-437-5077
- Lodi 608-592-3201

Our Family Will Take Good Care of Your Family



HASKINS MAIN & DEVINE LLC

LAW OFFICE

Areas of Law Practice

Estate Planning • Elder Law • Family Law
Probate Guardianship • Special Needs Trusts
WisPACT Trusts • Real Estate
Medicaid/Medicare • VA Accredited

5113 Monona Drive, Monona, WI 53716

608-237-6673 | www.hmdelderlaw.com

Live Confidently.
At Home.



Contact your local Aging and Disability Resource Center to learn about your long-term care options.

tmgwisconsin.com
(844) 864-8987



Honest, reasonably priced attorney

I Make House Calls!

Wills • Trusts
Individual/Trust/Estate Income Tax
Powers of Attorney • Real Estate

Paul O'Flanagan
Attorney at Law

313 Price Place, Suite 110
Madison, WI 53705
608-630-5068

Paul@oflanaganlaw.com

Support Our Advertisers!

SENIOR 55+ APARTMENTS



In Orchard Ridge
Neighborhood

2 Bedroom Apartments Available, Rent Range \$1295 - \$2295 / month
Incl. HEAT, storage locker, & garage stall.
NO Pets, NO Smoking

Call: (608) 227-6543 | KellerApartments.com



For ad info. call 1-800-950-9952 • www.lpicommunities.com

Madison Senior Center, Madison, WI

01-1141

SERVICES

To register for programs, or for interpretation, translation, or a reasonable accommodation call 608-266-6581 or email seniorcenter@cityofmadison.com

Blood Pressure Hub

Visit our American Heart Association Blood Pressure Hub any time during regular business hours to check your blood pressure and pick up informational materials to help you understand your numbers. We also have blood pressure monitors and materials available for a two-week loan period – ask at the front desk for availability!

Blood Pressure Screening

1ST & 3RD TUESDAYS, 11:15 AM – 12 PM

Keep tabs on your blood pressure! Our volunteer is a medical professional and would love to have you stop by. You can use our new BP monitor to complete your own reading during regular business hours, or visit during the above hours when our volunteer can lend you a hand and talk through the reading with you.

Case Management through NewBridge

1ST & 3RD TUESDAYS, 10:30 AM – 12:30 PM

Eligibility Requirements for Case Management:

- Age: 60+ years old.
- Residency: Must live in the City of Madison or Monona, WI.
- Income: Individual income at or below 240% of the Federal Poverty Level.
- Living Situation: Must live in their own home (or apartment).

Services Offered Through Case Management:

- Resource Coordination: Assistance with finding resources like food, transportation, and affordable housing.
- Benefits Assistance: Help with accessing benefits.
- Home Assessments: In-home visits to assess individual needs.
- Advocacy: Support to help older adults remain independent.

How to apply:

- Call Directly: Contact NewBridge Madison at (608) 512-0000 and ask for “Intake”
- Drop-In Assistance: Available at the Madison Senior Center at the time listed above

ePantry: Food Pantry Online Ordering System with Pick-up at MSC

ORDERING ASSISTANCE MONDAY, JULY 13, 8:30 AM – 1 PM

PICKUP FRIDAY, JULY 17, 9 – 11:30 AM


The Madison Senior Center is a pick-up location for orders placed through the River Food Pantry ePantry. That means that if you order food through the ePantry and are an MSC member, you can pick your order up at the Senior Center. Orders may be placed as early as the Friday before pick-up day. If you need assistance placing your order, staff will be available on the Monday morning of our pick-up week. Our pick-up day is the 3RD FRIDAY of each month.

The ePantry may only be used once a month. Based on household size, families select from a variety of healthy and nutritious food, including fresh produce, meat, dairy, culturally relevant offerings, and special dietary options, such as vegetarian and gluten-free items.

Foot Care Clinic – \$25

FRIDAY, JULY 17, 9 AM - 12 PM | APPOINTMENT REQUIRED




Clinics are a great opportunity to get basic toenail care in addition to regular podiatry care. Savannah Stone is a licensed Manicurist, certified Medical Nail Technician, and Advanced Nail Technologist. **Please bring 2 towels** and arrive 5 minutes early. Cash, check or Venmo accepted. 

HEALTH & WELLNESS

To register for programs, or for interpretation, translation, or a reasonable accommodation call 608-266-6581 or email seniorcenter@cityofmadison.com

Ballroom Basics for Balance™

Ballroom Basics for Balance™ (BB4B) is a fun way to improve balance through the basics of dance! Registration forms can be found at www.ballroombasicsforbalance.org, or you can use the QR code below, or contact instructor Susan Frikken at 608-692-8794.

Registration is required; a wait list is kept for future vacancies. 



**BALLROOM BASICS FOR BALANCE
FRIDAYS, SEPTEMBER 11 – DECEMBER 4 (NO
CLASS NOVEMBER 27), 10 - 11:30 AM
MADISON PUBLIC LIBRARY, 201 W MIFFLIN
ST**

REGISTER BY FRIDAY, SEPTEMBER 4

\$90 for 12 weeks (financial assistance available)

This is our original, core curriculum! A mix of levels from beginner to experienced. You move independently, with or without the help of a device like a cane or walker. You may want a spotter every once in a while, or you may not need one at all.



BALLROOM BASICS FOR BALANCE: VIRTUAL & INCLUSIVE

FRIDAYS THROUGH AUGUST

THE REGISTRATION DEADLINE HAS PASSED, BUT YOU CAN CHECK FOR WAITLIST AVAILABILITY

\$60 for 8 weeks (financial assistance available)

Line Dances-Cupid Shuffle, Boots on the Ground, Jerusalem, and more!



BALLROOM BASICS FOR BALANCE: NEW! BALLET BASICS FOR BALANCE VIRTUAL

MONDAYS, OCTOBER 5 – NOVEMBER 23, 9:30 – 10:45 AM

\$60 for 8 weeks (financial assistance available)

Ballet Basics for Balance is the newest class in the BB4B family. You can dance in sneakers, supportive dance shoes, or ballet slippers. You will need a sturdy chair or table to use as a ballet barre. Ballet Basics for Balance is designed for people who are independent in mobility. If you have trouble with your mobility and often need a cane, walker, or other assistance to stand or walk, please contact instructor, Atala, to see if this would be the right class for you. We also offer a Virtual and Inclusive BB4B class. Atala Mitchell atalanicole@gmail.com (608) 770-8763.



BALLROOM BASICS FOR BALANCE: NEXT STEPS OUTDOORS!

**THURSDAYS THROUGH AUGUST 20, 9:30 – 10:45 AM
(NO CLASS AUGUST 6)**

YAHARA PLACE PARK, 2025 YAHARA PLACE

\$65 for 8-10 weeks (pay for 8 and get 2 free, weather permitting – financial assistance available)

This class is for people who are independent in mobility and want to improve balance or who are looking for a little challenge! This class is limited to people who are independent in mobility, as we cannot guarantee extra assistance. We WILL have seating, and if you use a walker, cane or other device for mobility, please let us know and we can talk to be sure this is a good fit!



HEALTH & WELLNESS


Dementia Tour

TUESDAY, AUGUST 11, 12 – 4 PM

Experience what it's like to live with dementia. This life-changing simulation will provide you with a better understanding of the challenges those with dementia face, equipping you with empathy, and the tools you need to provide better care. The Virtual Dementia Tour, created by P.K. Beville, is a scientifically proven method of building a greater understanding of dementia through the use of patented sensory tools and instruction. Two people at a time will be taken into a room for the tour, which lasts 5 minutes.

Gentle Yoga

TUESDAYS, 10 - 11 AM

Yoga improves balance, range of motion and flexibility, which are all important, especially as we age. Yoga Accessible for All (Yafa) teachers dedicate themselves to making yoga safe and inviting for anyone who is interested in gaining the benefits (yafayoga.org). We do a combination of seated and standing positions. Please register in advance. No fee, but donations are welcome. 




HASFIT Gentle Exercise

MONDAY – FRIDAY, 9 - 9:30 AM

The HasFit program is presented on YouTube by instructors who focus on strength, flexibility, and balance. Join us at our scheduled screening times or tune in at your convenience in our fitness room any time our television is not already in use.

Rosen Method Movement

MONDAYS, 11 AM – 12 PM

Rosen Method Movement was created by Marion Rosen, a Physical Therapist. It is a class that helps us age gracefully. We move all the joints and stretch to music, and it is low-impact, lighthearted, attentive, and restorative. Instructor Rebecca Wigg-Ninham is a Rosen Practitioner and a Social Worker for over 30 years. She is passionate about building a community of wellness. 

GROUP ACTIVITIES

B-I-N-G-O

THURSDAYS, 10:15 – 11:15 AM

It is free to play the standard BINGO rounds for a small prize. If you want to compete for the cash prize in the final "Blackout" round, each card costs 50 cents (max of four cards). If you don't pay for a card in the final round, you can still play, but it will be for a standard prize instead of the cash prize. We play for fun and camaraderie. Join us!

Bridge Belles

MONDAYS, 9 – 11 AM

A group of women improving their duplicate bridge skills in a relaxed atmosphere; working knowledge of Bridge needed - new players are welcome!


Meditation Monday

MONDAYS (WEATHER PENDING), 12:30 – 12:45

Join us Monday afternoons on the MSC upstairs patio for a brief guided meditation session. You can sit on one of our patio chairs or use a provided yoga mat or blanket if you prefer to lie down. The guided meditations last between 5-8 minutes and are a nice chance to gather with others for a quiet moment to clear your mind, and enjoy a bit of sunshine and fresh air.

Spanish Conversation

WEDNESDAYS, 1:30 – 3:00 PM **VIRTUAL**

Do you want to practice your Spanish? Our group meets every week to chat in Spanish. Pop in when you can. There are no attendance requirements. Spanish Conversation meets via Zoom. Once you are registered you will be sent the Zoom link. All levels welcome. 



608-442-1898

579 D' Onofrio Drive, Suite 10
Madison WI 53718



**Comfort
Keepers®**

www.ckmadison.com

An international network of independently owned and operated offices. ©2009 CK Franchising, Inc.

IN-HOME CARE

- Companionship • Meal Preparation
- Light Housekeeping • Laundry
- Incidental Transportation
- Medication Reminders
- Grooming & Dressing Guidance

PERSONAL CARE SERVICES

- Bathing • Oral Hygiene
- Transferring & Positioning
- Incontinence Care & Toileting

**SPECIALIZING IN
ALZHEIMER'S, PARKINSON
AND DEMENTIA CARE**

GOODMAN'S
Jewelers
JEWELRY RE-DESIGNED

220 STATE ST
608-257-3644

NO NEW MEDICARE CARD
Don't fall for the Scam!



Have you been told
you need a new
Medicare card?

STOP! It's a scam



Here's the truth?

- Medicare is NOT issuing plastic cards
- You do NOT need to "update" your Medicare Card
- Medicare will NEVER call or text you asking for your Medicare number

Protect Yourself:

- Never give out your Medicare number to unexpected callers
- Hang up on anyone asking for personal information
- Report suspicious calls to Senior Medicare Patrol

Wisconsin Senior Medicare Patrol

1-888-818-2611
www.smpwi.org



Your curiosity didn't
retire when you did! Join
today for year-round
learning.



Members enjoy:

- Classes
- Lectures
- Discussions
- Theater Trips
- Nature Walks
- Book Clubs
- Socials & Tour

Become a member at
platomadison.org
or 608-572-6869

SKY RIDGE APARTMENTS
BRAND NEW - OPEN NOW

1- & 2-BEDROOM APARTMENTS 55+
Includes heat, water, sewer, and trash

INQUIRE ABOUT FREE RENT SPECIALS
CALL 608-333-1167 TO SCHEDULE AN APPOINTMENT

1050 E Main St, Sun Prairie, WI 53590
skyridge@accmanagementgroup.com



Income Restrictions Apply, contact office for special details



Little
space.
Big
impact.

Advertise here

Call 800-950-9952



EDEN VISTA
MADISON

A SENIOR LIVING COMMUNITY

Personalized Care
Tailored To Your Needs

- ☎ (608) 249-5558 Call to schedule a tour
- 📍 1601 Wheeler Rd. • Madison, WI 53704
- 🌐 edenvistamadison.com



For ad info. call 1-800-950-9952 • www.lpicommunities.com

Madison Senior Center, Madison, WI



01-1141

PROGRAM & ACTIVITY LIST

Programs, activities and times are subject to change. Call (608) 266-6581 to confirm a program or activity.

PROGRAM/ACTIVITY	DAY & DATE	TIME	COST	LOCATION
Ballroom Basics for Balance: Virtual & Inclusive	Fridays through Aug 14th	9:30 – 10:45 am	\$60	Virtual
Ballroom Basics for Balance: Next Steps Outdoors!	Thursdays through Aug 20th	9:30 – 10:45 am	\$65	Yahara Pl Park
B-I-N-G-O	Thursdays	10:15 – 11:15 am	Free, 50¢/final card	MSC
Blood Pressure Screening	1st & 3rd Tuesdays	11:15 am – 12:00 pm	Free	MSC
Bridge Belles	Mondays	9:00 – 11:00 am	Free	MSC
Case Manager Drop-in	1st & 3rd Tuesdays	10:30 am – 12:30 pm	Free	MSC
Docs to Digest: Some Kind of Heaven	1st Thursdays	12:30 – 2:30 pm	Free	MSC
ePantry	Order Jul 13th; pickup Jul 16th	9:00 – 11:30 am	Free	MSC
Exploring Poetry	2nd Wednesdays	11:00 am – 12:30 pm	Free	MSC
Exploring Spirituality	2nd Wednesdays	1:00 – 2:00 pm	Free	MSC
Foot Care Clinic	3rd Fridays	9:00 am – 12:00 pm	\$25	MSC
Friday Open Stage	Fridays	10:00 – 11:00 am	Free	MSC
Gay, Gray, & Beyond	2nd & 4th Thursdays	2:00 – 4:00 pm	Free	MSC
Gentle Yoga	Tuesdays	10:00 – 11:00 am	Free	MSC
Hair Salon	Call Senior Center for date & time	8:30 am – 1:00 pm	Free	MSC
HASFit Gentle Exercise	Every weekday	9:00 – 9:30 am	Free	MSC
Ice Cream Social Featuring SoundBillies	Thursday, July 16th	12:30 – 1:30 pm	Free	MSC
Karaoke!	2nd & 4th Thursdays	12:30 – 1:30 pm	Free	MSC
Meditation Monday	Mondays	12:30 – 12:45 pm	Free	MSC
Movie Matinee	Tuesdays	12:30 – 2:30 pm	Free	MSC
Podcast Discussion Group	2nd & 4th Tuesdays	10 - 11 am	Free	MSC
Pontoon Boat Ride	Friday, July 10th	9:15 - 11:30 am	Free	Olin Park
Rosen Method Movement	Mondays	11:00 am – 12:00 pm	Free	MSC
Smartphone Smarts	Wednesday, July 1st	12:30 - 1:30 pm	Free	MSC
Spanish Conversation	Wednesdays	1:30 – 2:30 pm	Free	Virtual
StrongBodies	Wednesdays & Fridays through Jul 31st	9:00 – 10:15 am	Free	MSC
Watercolor Painting	Wednesdays	10:00 – 11:00 am	Free	MSC
Welcome to Medicare	Saturday, Jul 25th	9:00 – 11:30 am	Free	CCC

JULY 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>HASFit Gentle Exercise, Every day, 9:00</p>	<p>Happy Independence Day July 4th</p> 	<p>1</p> <p>9:00 StrongBodies 10:00 Watercolor Painting 12:30 Smartphone Smarts 1:30 Spanish Conv V</p>	<p>2</p> <p>9:30 BB4B Next Steps Outdoors - YPP 10:15 BINGO 12:30 Docs to Digest: Some Kind of Heaven</p>	<p>3</p> <p>9:00 StrongBodies 9:30 BB4B V 10:00 First Friday Open Mic: US of A</p>
<p>6</p> <p>9:00 Bridge Belles 11:00 Rosen Method Movement 12:30 Meditation Monday</p>	<p>7</p> <p>10:00 Gentle Yoga 10:30 Case Mgmt. Drop-In 11:15 BP Screening 12:30 Movie: <i>Reminders of Him</i></p>	<p>8</p> <p>9:00 StrongBodies 10:00 Watercolor Painting 11:00 Exploring Poetry 1:00 Exploring Spirituality 1:30 Spanish Conv V</p>	<p>9</p> <p>9:30 BB4B Next Steps Outdoors - YPP 10:15 BINGO 12:30 Karaoke! 2:00 Gay, Gray & Beyond</p>	<p>10</p> <p>9:00 StrongBodies 9:15 Pontoon Boat Ride - Olin Park 9:30 BB4B V 10:00 Friday Open Stage</p>
<p>13</p> <p>9:00 Bridge Belles 11:00 Rosen Method Movement 12:30 Meditation Monday</p> <p>*ePantry Ordering Day</p>	<p>14</p> <p>10:00 Gentle Yoga 10:00 Podcast Discussion 12:30 Movie: <i>If I Had Legs I'd Kick You</i></p>	<p>15</p> <p>9:00 StrongBodies 10:00 Watercolor Painting 1:30 Spanish Conv V</p>	<p>16</p> <p>9:30 BB4B Next Steps Outdoors - YPP 10:15 BINGO 12:30 Ice Cream Social featuring SoundBillies</p>	<p>17</p> <p>9:00 StrongBodies 9:00 ePantry Pick-Up 9:00 Footcare Clinic 9:30 BB4B V 10:00 Friday Open Stage</p>
<p>20</p> <p>9:00 Bridge Belles 11:00 Rosen Method Movement 12:30 Meditation Monday</p>	<p>21</p> <p>10:00 Gentle Yoga 10:30 Case Mgmt. Drop-In 11:15 BP Screening 12:30 Movie: <i>East of Wall</i></p>	<p>22</p> <p>9:00 StrongBodies 10:00 Watercolor Painting 1:30 Spanish Conv V</p>	<p>23</p> <p>9:30 BB4B Next Steps Outdoors - YPP 10:15 BINGO 12:30 Karaoke! 2:00 Gay, Gray & Beyond</p>	<p>24</p> <p>9:00 StrongBodies 9:30 BB4B V 10:00 Friday Open Stage</p>
<p>27</p> <p>9:00 Bridge Belles 11:00 Rosen Method Movement 12:30 Meditation Monday</p>	<p>28</p> <p>10:00 Gentle Yoga 10:00 Podcast Discussion 12:30 Movie: <i>Dead Poets Society</i></p>	<p>29</p> <p>9:00 StrongBodies 10:00 Watercolor Painting 1:30 Spanish Conv V</p>	<p>30</p> <p>9:30 BB4B Next Steps Outdoors - YPP 10:15 BINGO</p>	<p>31</p> <p>9:00 StrongBodies 9:30 BB4B V 10:00 Friday Open Stage</p>

MOVIES

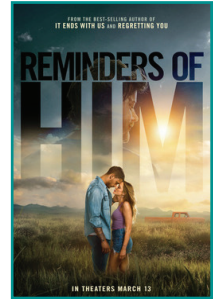
Movie Matinees

Movies are on Tuesday afternoons at 12:30 pm. The fourth Tuesday of the month is reserved for a classic movie.

JULY 7

Reminders of Him (2026)

After prison, a woman attempts to reconnect with her young daughter but faces resistance from everyone except a bar owner with ties to her child. As they grow closer, she must confront her past mistakes to build a hopeful future. *Stars: Maika Monroe, Tyriq Withers, Zoe Kosovic, and Anthony Carrigan. Dark Romance, Drama, Tragedy. 1 hour 54 minutes. Rated PG-13.*



JULY 14

If I Had Legs I'd Kick You (2025)

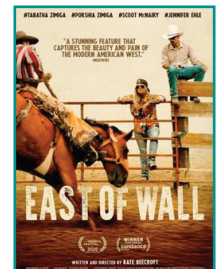
While trying to manager her own life and career, a woman on the verge of a breakdown must cope with her daughter's illness, an absent husband, a missing person, and an unusual relationship with her therapist. *Stars: Rose Byrne, Conan O'Brien, and Danielle Macdonald. Dark Comedy, Psychological Drama, Thriller. 1 hour 53 minutes. Rated R.*



JULY 21

East of Wall (2025)

After the death of her husband, Tabatha - a young, tattooed, rebellious horse trainer - wrestles with financial insecurity and unresolved grief while providing refuge for a group of wayward teenagers on her broken-down ranch in the badlands. *Stars: Porshia Zimiga, Tabatha Zimiga, and Scoot McNairy. Drama. 1 hours 37 minutes. Rated R.*



JULY 28

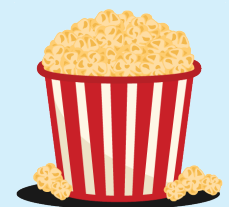
Dead Poets Society (1989)

Maverick teacher John Keating returns in 1959 to the prestigious New England boys' boarding school where he was once a star student, using poetry to embolden his pupils to new heights of self-expression. *Stars: Robin Williams, Robert Sean Leonard, and Ethan Hawke. Comedy, Coming of Age, Drama. 2 hours 8 minutes. Rated PG.*



Be a Movie Sponsor

There are many ways to help. Donate popcorn, drinks, or other snacks. Financial sponsorships go towards snacks and movie rental fees. Call Laura to learn more: 608-267-8650.



LGBTQ 50+ ALLIANCE

The **LGBTQ 50+ Alliance** is sponsored by *OutReach Community Center* and the *Madison Senior Center*. Its purpose is to create a better quality of life for LGBTQ older adults by building partnerships with senior service providers and offering social opportunities. Call (608) 255-8582 for more information or email info@lgbtoutreach.org; you can also check out our website, lgbtq50plusalliance.org

SAGECollab Partner

What is SAGE? It is a nationwide non-profit agency that advocates for LGBTQ+ elders through activism, resource centers, cultural competency training, and much more. **SAGECollab** partners serve or advocate with older LGBTQ+ elders at the local level. If you are interested in having a voice, please email karenlkane13@gmail.com or lynnc@outreach.org

Coffee Meet-Up

2ND & 4TH WEDNESDAYS, 1 - 2 PM
QAMARIA COFFEE, 6730 ODANA ROAD

Join Madison's LGBTQ 50+ Alliance at our Coffee Meet-Ups. We will sit outside as the weather allows. Buy your own drinks, treats, and meal. No need to RSVP.

Cafecito y Caminata

1ST & 3RD FRIDAYS, 1 - 2 PM
WARNER PARK COMMUNITY CTR, 1625 NORTHPORT DR
Join us for coffee and tea at 1, followed by a walk along the paths starting at 1:30. Enjoy nature and friendly conversation. Cafecito y Caminata invites us to celebrate LGBTQ+ diversity and build community connections. All ages are welcome and encouraged to attend! Check Facebook to confirm schedule and location.

CQ (Curious Queers)

1ST & 3RD THURSDAYS, 1 - 3 PM
OUTREACH, 2701 INTERNATIONAL LN
"Exploring Spirituality" is now "CQ" (curious queers) – same people, time, and place, but expanded topics. Members decide topics and provide presentations. Visits to other LGBTQ Groups, free community concerts, museums, nature walks, and more are encouraged. **Intergenerational Appeal: Older generations can share the accomplishments they have made, and younger generations can help them learn what still needs to be done.**

Gay, Gray & Beyond

2ND & 4TH THURSDAYS, 2 - 4 PM
MADISON SENIOR CENTER, 330 W MIFFLIN ST

GG&B is a discussion group for those fortunate enough to have arrived; that is, for those who know the obstacles, but also recognize that there have been joys. Those who look beyond the closet. Let's get together consider our individual selves, our unique strengths, and the nature of our ever-changing world.

Pontoon Boat Ride – recommended donation \$20

FRIDAY, JULY 24, 5 - 8 PM
Our Annual Pontoon Boat ride is back again by popular demand! Enjoy a relaxing evening on Lakes Monona and Mendota. A box lunch will be provided, and we will make a stop where you have the option of purchasing ice cream. There is limited space, so register early!

Summer Concert Meet Up

MONDAY, JULY 13, 6 – 7:30 PM
WARNER PARK, 1625 NORTHPORT DR
A fun and friendly gathering to listen to the music of Gin, Chocolate & Bottle Rockets. They have crafted a tribute to Dolly Parton, Linda Ronstadt, and Emmilou Harris titled "Legends in Harmony" that boasts some of the artists' greatest hits delivered with GCBR's signature powerful vocal blend. We recommend coming early and bringing a chair. Look for the 50+ Alliance rainbow flag. Food trucks are available, or bring your own.

AGING WITH PURPOSE: EMPOWERING BLACK OLDER ADULTS

African Center for Community Development INC. Programs

2ND & LAST FRIDAYS, 3 – 5 PM

UW SOUTH MADISON PARTNERSHIP, 2238 S PARK ST

Community Elder Connect provides information and referrals for a range of services for older adults, including disability services, accessible transportation, healthcare, mental health, exercise, housing support, affordable food, ethnic grocery shopping, and language assistance.

Baobab Senior Circle provides a safe space for sharing cultural knowledge and experiences, and for engaging in intergenerational dialogue, networking, peer emotional support, and field trips.

For more information, call or email
Inyillah: 608-509-6804, inyillah@
africancentermadison.org

Scan QR Code to register



Calming Computer Jitters Age-Friendly Computer Training

EVERY WEDNESDAY, 12 – 2 PM

MT ZION BAPTIST CHURCH, 2019 FISHER ST

Questions: call 310-497-4349

Cancer Education Group

2ND TUESDAYS, 5:30 – 6:45 PM VIRTUAL

Reservations: email Lucretia Sullivan Wade at Lucretia.sullivan@fammed.wisc.edu or Cibele Barbosa Carroll at barbosacarro@wisc.edu.

Drop-In Mental Health Services (Sponsored by Anesis Therapy)

THURSDAYS, 10 AM – 3 PM

MT ZION BAPTIST CHURCH, 2019 FISHER ST

Emergency Food & Housing Assistance

If you need emergency food or housing assistance, contact MTZ Charitable Organization at 1mtzlife@mtzlife.com (Subject line: I have a need – MTZCO Emergency Assistance)

Fit & Fun

THURSDAYS, 11 AM – 12 PM

MT ZION BAPTIST CHURCH, 2019 FISHER ST

Lunch will be served after class. Transportation is available.
Registration: call (310) 497-4349

Get Movin' in Motion Free Exercise Class

TUESDAYS & THURSDAYS, 1 – 2 PM

**UW SOUTH MADISON PARTNERSHIP,
2238 S PARK ST**

Zoom option available, Registration: call (608) 265-4790

Lupus Support Group for Women of Color

3RD MONDAYS, 6 - 7:30 PM VIRTUAL

**FOUNDATION FOR BLACK WOMEN'S
WELLNESS, 6601 GRAND TETON PLAZA,
SUITE A2**

Scan QR Code to register



Mad-Town Walkers

MONDAYS, 12 – 1:30 PM

**ALTERNATES BETWEEN EAST AND WEST TOWNE
MALLS**

Registration: call 608-512-0000 Ext 2007

Paint and Hydrate

TUESDAYS, 5:30 PM

MT ZION BAPTIST CHURCH, 2019 FISHER ST

Register with Ms. Deana Wright: (310) 497-4349

Rebalanced-Life Wellness Association

**MEN'S HEALTH & EDUCATION CENTER, 584
GRAND CANYON DR**

To request an appointment: <https://rebalanced-life.org/appointment-request>

Tech Masters: Getting Comfortable with Computers

FIRST WEDNESDAYS, 2 – 4 PM

MADISON LABOR TEMPLE, 1602 S PARK ST

If you are interested in learning more about computers and getting more comfortable with them, this is the place for you! Registration: call (608) 512-0000 Ext 2007

Yoga for Older Adults

WEDNESDAYS, 11 AM – 12 PM

MT ZION BAPTIST CHURCH, 2019 FISHER ST

Registration: (608) 264-3468

PROGRAMAS EN ESPAÑOL PARA ADULTOS MAYORES

Bingo Bilingüe

PRIMER VIERNES, 10:15 AM
WARNER PARK, 1625 NORTHPORT DR

TERCER JUEVES, 11 AM
MEADOWOOD NEIGHBORHOOD CENTER,
5740 RAYMOND RD

Habrà Transportación limitada. Favor registrarse.

La Cafeteria De La Memoria

TODOS LOS JUEVES, 2 – 3 PM VIRTUAL

Un café de la memoria es un lugar de encuentro para quienes experimentan cambios iniciales en la memoria. Puede ser una forma divertida de conectar con otras personas que enfrentan los mismos problemas. El objetivo es que tanto la persona como su familia o amigos se reúnan en un ambiente relajado y social para conectar entre si. Cada café de la memoria es único, ya que se anima a los participantes a personalizarlo. Favor registrarse: LeoM@newbridgemadison.org o 608- 512-0000 ext. 3003

Charlas Semanales

TODOS LOS MIÉRCOLES, FACEBOOK LIVE
ROOTS4CHANGE, 10 – 11:30 AM
RAÍCES PARA EL CAMBIO

Únase a nosotros y a nuestros invitados especiales para nuestras charlas semanales. Para encontrar los temas más actualizados, consulte nuestra página de Facebook Live Roots4Change o póngase en contacto con nosotros 904-385-8151 o soporte@rootsforchange.coop

Corte y Confección

TODOS LOS MIÉRCOLES, 10 AM – 12 PM
ARTS + LIT LAB, 111 S LIVINGSTON ST

Aprenda cómo manejar las máquinas de coser, las puntadas básicas o si prefiere algo más avanzado, Alicia tiene la experiencia y el conocimiento como empresaria y profesora universitaria de diseño y alta costura. Limitado número de participantes y transportación. Favor registrarse: LeoM@newbridgemadison.org o (608) 512-0000 ext. 3003

Mercadito

TODOS LOS JUEVES, 4 - 8 PM
2403 CYPRESS WAY

Un espacio abierto y saludable donde la comunidad puede compartir su patrimonio cultural y sus tradiciones culinarias, derribando las barreras y desafíos que enfrentan sus miembros al acceder a alimentos saludables, en un lugar donde los aromas se mezclan con una sensación de hogar y seguridad.

Servicios Asistenciales

CENTRO GUADALUPANO (CMC)

Clases de Inglés, y ciudadanía, clases de computación, Teléfono: 608-661-3512

CENTRO HISPANO

Certificado de asistente de enfermería y capacitación de cajero bancario.
Teléfono: 608-255-3018

**EL CENTRO INMIGRATORIO DE LA
COMUNIDAD**

El Centro Inmigratorio de La Comunidad se esfuerza por garantizar la dignidad y el acceso a la justicia para las personas, especialmente aquellas que enfrentan la deportación, al brindar representación legal y consultas, así como apoyo y educación sobre temas de inmigración para la comunidad en general.
Teléfono: 608-640-4444

ACADEMIA LATINA

Clases de Inglés y computación, capacitación de trabajo, certificado de preparatoria (GED),
Teléfono: 608-310-4573

MADISON COLLEGE (MATC)

Clases de Inglés y computación, entrenamiento de trabajo, Certificado de preparatoria (GED) español / inglés. Teléfono: 608-243-4200

URBAN LEAGUE

Entrenamiento de trabajo y preparación para las carreras de tecnología informática, construcción, servicio al cliente, administración de salud entre otros. Teléfono: 608-243-4200

VOLUNTEER OPPORTUNITIES

Volunteers Needed!

Volunteers are the heart of the Madison Senior Center. **APPLY TO VOLUNTEER:**

www.cityofmadison.com/senior-center/volunteer/apply-to-volunteer



- 1. Craft With Kids Participant:** Join our intergenerational craft meetup on the 4th Wednesday of each month. Kids from St. Joseph's Preschool will come to the Senior Center to work on a craft with older adults.
- 2. Group or Class Leader:** Tell us what kind of group or class you would like to lead- Tai Chi, a book club, discussion group, arts & crafts, music—you name it!

We are currently seeking facilitators for the following programs: Artful Affair, Drawing, Healthy Cooking or International Cooking, Living With Diabetes, and discussion groups such as Coping With Uncertainty, Current Events, Staying Sane in an Insane World, and Finding Spirituality.
- 3. Technology Assistance:** Assist members with basic technology questions in using their smart phone or laptop, and help in completing tasks in our computer lab.
- 4. Service Provider:** Many of our older adults need hygiene and care services. If you have a licensed service you'd like to provide, we'd love to hear from you.
- 5. Front Desk/Reception:** Greet people at the front entrance, answer and route telephone calls, provide general information (and conversation!)
- 6. Volunteer Group Opportunities –**
 - » **Client Focused:** This is a great opportunity for your group to interact and socialize with our members, or help with decorating, wrapping presents, etc.
 - » **Facility focused:** Please reach out to us directly to hear what we have on deck.

July Volunteer Spotlight: Amanda

Amanda started volunteering in the MSC Computer Lab in Fall of 2025: "I enjoy working with computers and training adults how to use them. I volunteer because it makes me happy to serve my community and allows me to make friends and connections with people I otherwise wouldn't meet." She moved to Madison in 2018 after living 15 years in Chicago. Amanda is in school for massage therapy at East-West Healing Arts. In her free time, she loves walking and exploring labyrinths around Madison and everywhere she travels: "Traveling is one of the things I enjoy most and last summer I spent 3 weeks on a solo road trip to Maine. Most recently my travels took me to France!" We love that Amanda's path landed her here at the Madison Senior Center, where she helps people with kindness and patience, empowering them to learn in a space that is free of judgment. Thank you, Amanda!



COMMUNITY RESOURCES

These are the agencies receiving funding from the City of Madison Community Development Division and the Madison Senior Center Foundation.

African Center for Community Development

2238 S PARK ST
(608) 294-0066

Bayview Foundation

103 LA MARIPOSA LN
(608)256-7808

Bridge Lake Point Waunona Neighborhood Center

1917 LAKE POINT DR
(608) 441-6991

FOSTER of Dane County

700 RAYOVAC DR
(608) 628-7708

Freedom, Inc.

2110 LUANN LN
(608) 716-7324

Goodman Community Center

214 WAUBESA ST
(608) 241-1574

IP Ministries

1102 ENGELHART DR
(608) 347-7999

Lussier Community Education Center

55 S GAMMON RD
(608) 833-4979

Neighborhood House Community Center

29 S MILLS ST
(608) 255-5337

OutReach, Inc.

2701 INTERNATIONAL LN
(608) 255-8582

RSVP of Dane County

6501 WATTS RD
(608) 238-7787

Southeast Asian Healing Center, Inc.

2814 SYENE RD
(608) 405-5889

The Hmong Institute

4402 FEMRITE DR
(608) 692-8918

Urban Triage

2312 S PARK ST
(608) 299-4128

NewBridge

NUTRITION SITE


NewBridge Madison operates the Senior Nutrition Site at our Center. Monday-Friday, at 11:30 am, adults age 60+ can enjoy a hot, nutritious meal. If you are age 60 and older, the suggested minimum donation is \$5.00. If you are under age 60 and do not meet the program eligibility guidelines, you are required to pay the total cost \$15.19. Meal and transportation reservations are required. Reservations & cancelations are due by Noon, two business days in advance. Contact **608-512-0000, Ext. 4006**. Menus and additional information are available.

CASE MANAGEMENT

NewBridge case managers are at the Madison Senior Center on the first and third Tuesday of the month from 10:30 am - 12:30 pm.

When life offers the gift of time...

how will you spend it?

We'll help you every step of the way.  Offering a continuum of care for seniors:

- > Independent Living
- > Assisted Living
- > Memory Care
- > Rehabilitation

Call 608-663-8600 or email madisonsales@oakparkplace.com
718 Jupiter Dr., Madison, WI 53718
oakparkplace.com/madison



THE STARLING AT RISE
BRAND NEW - NOW OPEN

1- & 2-BEDROOM APARTMENTS 55+
Includes water, sewer, and trash

SPACIOUS, MODERN HOMES WITH HIGH-END FINISHES
CALL 608-516-5405 TO SCHEDULE AN APPOINTMENT

958 Rise Lane, Madison, WI 53704
risemadison@accmanagementgroup.com



Inclusive Income Restrictions Apply

1 Person: \$63,630 | 2 Person: \$72,730 | 3 Person: \$81,830



Advertise in Our
Newsletter!

Contact Nick Palasini

npalasini@4LPi.com

(800) 950-9952 x2162



ADT-Monitored Home Security

Get 24-Hour Protection
From a Name You Can Trust

- Burglary
- Flood Detection
- Fire Safety
- Carbon Monoxide



SafeStreets

833-287-3502

Never miss our publication!

Get each new issue delivered straight to your inbox.

Scan to subscribe on MyCommunityOnline.com



Crossing Guard Recruitment

INTERESTED IN WORKING WITH KIDS? WANT TO SERVE YOUR COMMUNITY?

Get outside, stay active, and make a real impact in your community with a part-time commitment. Join the City of Madison Crossing Guard team for the 2026–27 school year and become a friendly, familiar face helping students start and end their day safely.

Why our staff love this job:

- » \$21.49 per hour (appx. \$850+/month) plus regular raises.
- » 10-15 hours/ week, Monday-Friday (morning and afternoon shifts)
- » Paid Holidays and earned sick leave
- » Free Madison Metro Bus Pass
- » Generous \$215/ year clothing allowance
- » No nights or weekends
- » Summer, winter, and spring breaks OFF
- » Also seeking substitute Crossing Guards

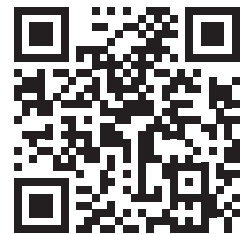


If you enjoy being outside, are dependable, and like building connections with students, families, and neighbors, you'll feel right at home in this role.

This position works well for a wide range of people—whether you're retired, a parent or caregiver, a student, or someone with a flexible or remote job looking to spend more time outdoors.

A job description and application is available at: www.cityofmadison.com/jobs

Apply by July 12th. Please be sure to list on your application any experience you have directing/controlling children (including your own children or grandchildren). Interviews will begin early August; employment begins approximately Thursday, August 20, 2026.



For information, contact the City of Madison Crossing Guard Supervisors at 266-4703 or crossingguards@cityofmadison.com

Facility Update:

New Water Bottle Filling Stations

The water fountains on both floors of MSC got an upgrade. Refill your water bottles easily with our new filtered water-filling stations. It's a great change for the environment!



PUZZLE

spring into

SUMMER WORD SEARCH



Z N K B B S W D L F S U N E Z
K Q D D O H L E M O N A D E W
S J L W A E R U P N X T Z B P
U V D T T L B P O B W X U E J
N E G C U L K D P C T P I A T
G A E W J T D C S P O O O C A
L G Z Q A B B X I X G E W H N
A Y F M D T Z Q C B W D N E P
S U Z S Y H E R L J R M W L L
S G N K S X V R E I J M W L Z
E G T G O X U V B U O M W A Z
S I C E C R E A M W Z W Y Q C
P Q M R H B D T I Q A M E T K
J X D G Q I L B U T R S V L K
C O Y N W A N S W I M S U I T

BEACH

SWIMSUIT

BOAT

SHELL

POPSICLE

LEMONADE

SUNGLASSES

ICE CREAM

SUN

TAN

TOWEL

WATER

MSC FOUNDATION

More Than a Mural: The Garden of Belonging

Some projects change a room the moment they arrive. The Center's newly completed mural, *Garden of Belonging*, does just that, bringing color, warmth, and a deeper sense of welcome to a place built for connection.



Supported by the Foundation, the mural reflects an ongoing commitment to spaces where older adults feel seen, valued, and invited in.

Its name came from the community, too. *Garden of Belonging*, submitted by Scott Heinz and chosen as the winning entry, gives the work its emotional center: a place where care takes root, relationships grow, and everyday gathering feels a little brighter.

The mural's completion was celebrated on June 24th at its unveiling with community members, partners, and local leaders, including Deputy Mayor Linda Vakunta. The event honored the artists, the supporters, and the collaboration behind the project -- a vivid new landmark for the Center, and a reminder of what the Foundation helps make possible through shared vision and support.

Become a Legacy Donor

Planned giving is one of the most effective ways to give to the Madison Senior Center Foundation. The simplest way to make a planned gift is to list the Foundation as a beneficiary of your retirement assets or life insurance policy. You may also leave a planned gift by including language in your trust or will, such as: I/we bequeath to the Madison Senior Center Foundation (tax ID# 20- 3075846), located in Madison, WI, ___ percent of my/ our residual estate – OR – the sum of \$_____ to be used for charitable purposes set forth in Article 3 of the Foundation's Restated Articles of Incorporation of 2025. Once you've arranged a planned gift to the MSC Foundation, let us know! We will work with you to direct your gift to your specific goals and determine how you'd like to be recognized. This information may be updated at any time without needing to revise your will. Please contact us at mscfoundation@gmail.com with any questions.



PLEASE DONATE TODAY! MADISON SENIOR CENTER FOUNDATION, INC.

Send to: **330 W. Mifflin Street, Madison, Wisconsin 53703**

Your personal donation provides programs, activities and services for adults over 55. Please make checks payable to: *Madison Senior Center Foundation, Inc.*

Donor Name _____ Phone _____

Address _____ City _____ State _____ Zip _____

Email _____ Amount Enclosed \$ _____

In Honor of: _____ In Memory of: _____

In Appreciation of: _____ Other: _____

Send Acknowledgement to (Name and Address): _____

Your donation is tax deductible as allowed by law. Donations are publicly acknowledged. Please indicate if you wish to remain anonymous.

Madison Senior Center
Foundation, Inc.

330 WEST MIFFLIN STREET
MADISON WI 53703

NON PROFIT ORG
PRSRT STD
US POSTAGE PAID
PERMIT 1132
MADISON, WI

ADDRESS SERVICE REQUESTED

Pontoon Boat Ride

FRIDAY, JULY 10, 9:15 – 11:30 AM

OLIN PARK BOAT DOCK, 1156 OLIN-TURNVILLE CT

Join us for our first MSC Pontoon Boat Ride! Enjoy a relaxing morning on Lake Monona with a stop for ice cream at Schluter Beach (not included). Meet at the boat dock at 9:15 AM. Bring a hat, sunscreen, and any snacks or drinks you want. Water will be provided. This trip is limited to 14 people. **You must register to participate.**



Find us on Facebook: [MadisonWISeniorCenter](#)



Follow us on X: [@MadisonSrCenter](#)