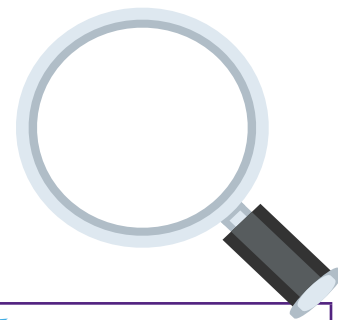
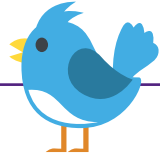
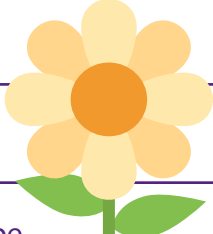
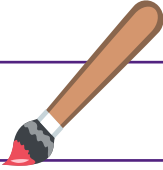




Move It Madison

A-Z June Activities & Scavenger Hunt



● A – Arms & Abs - *Do MSCR Video	● N – Nest 
● B – Learn BASKETBALL Skills - *Do MSCR Video	● O – Oak tree
● C – Cloud - *View and make a Cloud Finder	● P – Pottery - *Do MSCR May'd at Home Video
● D – Dirt 	● Q – Quiet Time - *Learn and create a Sit Spot
● E – Evergreen	● R – Read - Read Along on *MSCR YouTube
● F – Fitness on *MSCR YouTube	● S – Learn SOCCER Skills - *Do MSCR Video
● G – Grasshopper 	● T – Try Tasty Recipes 
● H – Hawk	● U – Umbrella Walk
● I – Ice Cube Painting - *Do MSCR Makes Video	● V – Virtual Outdoor Club - *Check it out!
● J – Jumping bug	● W – Water & Crayons - *Do MSCR Makes Video
● K – Do a few high KICK steps for fun	● X – Find the shape X in nature
● L – Ladybug 	● Y – Yoga *Try Gentle Yoga, Yoga Flow & Family Yoga
● M – Mushroom	● Z – Do a ZIG ZAG walk on your nature hike

Tag us on social media and we will share your pictures.

This makes you eligible for prizes.

#MoveItMadison #ScavengerHunt

Follow MSCR & Madison Parks on social media sites:

Facebook @MSCRfun @cityofmadisonparks

Instagram @mscrmadison @madisonparkswi

Twitter @MSCRRec @madisonparkswi

***Play the videos and challenge yourself to follow along.**

