

**Application for 2010 Supplemental Funds
Community Resources Program**

*Submit signed original and digital copies of this application to the
Community Development Division,
Room 225, MMB, 215 Martin Luther King Jr., Blvd.
Madison, WI 53701*

Deadline: Noon on March 2, 2010
(Late or incomplete applications will not be considered)

Program Title:	CHILDREN OF VIOLENT HOMES PREVENTION PROGRAM		Agency:	THE RAINBOW PROJECT, INC.
Amount Requested:	\$6,000	Amount Allowable: \$2500-\$10,000	Current Community Resources Funding for this Program:	\$18,000
Address:	831 E. Washington Ave, Madison, WI 53703			
Contact Person:	Sharyl J. Kato		Telephone:	(608)255-7356 ext. 321
E-Mail:	skato@therainbowproject.net			

- 1) **Program Description:** Summarize the programs major purpose and activities, demographics of intended population and geographic service area.

Provide timely, best-practice, evidence based, specialized crisis intervention, short-term and longer term services for children (infants through 10 years) and their primary caregivers who are exposed to domestic violence, residing in the Madison community. Services include:

- * Trauma-focused individual, family and group modalities as well as consultation, training, technical assistance in schools, early childhood programs, homes, shelters to facilitate, adjustment for children in education/childcare settings, referral services

- * Coordinate above services with designated representatives from (3) other collaborative partners of Children of Violent Homes Project agencies (Domestic Abuse Intervention Services, Family Service, Youth Services of Southern Wisconsin Briarpatch) as well as broader Domestic Violence Task Force and Children, Youth and Families Consortium service provider members.

- *Teaching self-advocacy, parent education, support and trauma focused recovery services for primary caregivers of children exposed to domestic violence

- *Providing community education, networking, awareness and advocacy focusing on special needs/strengths of this special population to increase understanding and best-practice response for children and caregivers who have experienced domestic violence.

- 2) **Program Need:** Please describe the increase in requests for service or unanticipated economic hardship for your program that warrants application for this funding. For example: increased service participants, increased waiting list, specific increases to staffing hours or program hours, unanticipated program cost, or lost funding.

- Increasing referrals received by advocates from Domestic Abuse Intervention Services, in 2009 (144% increase from 2008 in the first 3 quarters of 2009) as well as by Rainbow Project staff (52% of total referrals in 2008 compared to 68% in 2009). Sources of referrals come directly from victims of domestic violence as well as from law enforcement, schools, hospitals, District Attorneys Office. Services in demand range from a continuum of services for children ages toddler to ten years of age and non-offending caregivers, who have been exposed to domestic violence as witnesses and victims. The District Attorney's

Office reports more than 3,300 domestic violence cases in 2009.

Among the specialized Children of Violent Homes services this proposal is focusing on include:

** Children and familie who are Spanish speaking. Specialized bilingual therapists are available at the Rainbow Project as well as trained language interpreters who assist Rainbow therapists with these special cases. Services include crisis intervention and stabilization as well as short-term and ongoing services for children and families.

**Timely response to address increased severity of injuries and degree of trauma experienced by children and victims of domestic violence.

**Timely response to address trauma for children under the age of 6 years of age. National trauma research indicates this age range is at highest risk to develop post traumatic stress disorder if left untreated.

- Unanticipated cuts from both public and private foundation sources that previously funded this project have occurred for 2009 and 2010 specifically for this project. One private foundation grant was reduced by 60% for 2009 for the first time in nearly 25 years.

- 3) **Service Goals:** Please attach a copy of your Community Resources Program year end or December service report to this application. Please add a column to your service numbers section that identifies what your 2010 proposed new goal numbers would be if you were allocated the funds you are requesting.

2010 budgeted goal 100 children (2009 actual # = 184children)
2010 goal with special grant award would = 140 children (crisis trauma response services, assessment/evaluation, short and long-term individual or group setting and consultation in school/childcare settings)

- 4) **Fund Utilization:** Understanding that this is a one time allocation, how will these funds be used in 2010? Will the supplemental costs be allocated to staffing, program supplies or other expenses?

Other than 14% administrative overhead costs (\$840) the remainder of costs will be allocated directly to direct services in personnel.

- 5) **Budget:** Please provide the following information. You will be contacted if additional information is necessary.

Program Budget	Current (as reported in your Budget appendixes in January 2010)	Proposed
Personnel		\$5,160.
Operating	(travel mileage, phone, postage, clerical, program/office supplies, printing)	\$840.
Space		
Special Costs		
Total		\$6,000.

- 6) **Signature:** Name and signature of the principal individual responsible for this program proposal

Signature: Sheryl Koto

Date: 3/1/10

If you need assistance with this application or are unclear about how to answer the above questions please feel free to contact your current contract manager or staff at (608) 266-6520.

I. Scope & Definition of CVH in Dane County...		the rainbow project inc.								Combined
		Quarter 1	Quarter 2	Quarter 3	Quarter 4	YTD	Annual Goal	YTD % of Annual Goal	Remaining to Attain Annual Goal	
Project Goal		ALL families that have identified domestic violence as a factor during the referral/intake process will be considered CVH families. Between the four CVH agencies, at least 325 children will be served per calendar year.								
1.	Number of families identifying domestic abuse as a contributing factor at agency referral/intake.	48	18	17	18	101				
2.	Number of children who received CVH services.	58	45	23	38	164				325
3.	Total Number of agency intakes (DV & non-DV).	68	34	44	46	192				
4.	Percentage of agency intakes that are CVH families.	71%	53%	39%	39%	52.6%				
II. Service Hours to CVH Children...		the rainbow project inc.								Combined
Project Goal		ALL agencies will report service hours provided to CVH families. Between the four CVH agencies, at least 1,000 service hours will be provided to CVH families. ALL agencies will provide one short narrative per quarter (identifying information masked) of a child OR family impacted by domestic violence & the agency's efforts towards support & intervention.								
5.	Number of Direct Service Hours to CVH Children	311.50	292.50	216.75	204.75	1026				
6.	Number of Direct Service Hours to Caregivers of CVH Children...	135.00	153.75	129.25	79.50	498				
...Pertaining directly to child issues										

...Pertaining to Individual adult issues	53.75	68.75	55.25	58.75	237					
7. Number of Hours of Collateral Contacts	43.00	48.75	35.00	30.75	158					
8. TOTAL HOURS of Service (to/regarding CVH Children)	543.25	563.75	436.25	373.75	1917					1000
<p>9. Agency Narrative - Descriptive account (with potentially identifying content modified to protect client confidentiality) of a child impacted by domestic violence & the agency's work in support & intervention. This is an opportunity for descriptions of typical successes, OR common barriers.</p>	<p>Quarter 1: Rainbow Project clinicians have been providing treatment to two siblings, eight & six years old, who are currently placed in a foster home subsequent to ongoing maltreatment by their caregivers. Including witness to frequent domestic violence. Other than individual treatment with the children, Rainbow Project clinicians have also provided consultation with the foster parent, to help them view the children's behavioral challenges in a more appropriate & complete context, taking their unique backgrounds into account. Once the foster parent began viewing the children's behavior in this context, they were able to more objectively provide the basics of parenting (e.g. structure & limits), & understand that the unique backgrounds of the two foster children meant many of the techniques which were effective in raising biological children were both inappropriate & at times, counter-productive in foster parenting of these two children.</p> <p>Rainbow Project clinicians also provided parent training to the foster parent regarding what alternate parenting techniques were more in keeping with the needs of the two children. With some modeling, practice, & refinement, soon the foster parent reported their parenting techniques were more effective, they were more confident in their parent role, & the two children reported feeling happier, even at times they had received consequences for misbehavior, something which a few months earlier had been a significant source of frustration & stress in the household to both the foster parent & the two children.</p> <p>Quarter 2: A family of five was recently discharged after successful completion of treatment at Rainbow Project. The family was referred to Rainbow Project 2 1/2 years ago, & at that time, a then six year old boy presented as highly anxious, with a high degree of misbehavior, was extremely fearful of showers, & soiled himself on nearly a daily basis. The family had experienced severe domestic violence (much of which was witnessed by the children), which was so extreme that the mother & children fled their father, largely to attempt to better their lives by establishing safety. While fleeing to Madison distanced the family from the abusive father, they soon discovered they continued to be impacted by the negative effects of their past experiences.</p> <p>When one family member was reminded of their past traumatic experiences, it triggered similar powerful memories in others in the family, which interfered with their perceptions that things had in fact changed & were now safe in their lives. That's when they were referred to Rainbow Project. While skeptical that their family could be helped at first, it took some time to establish a trusting relationship, & instill hope. At one point early in treatment, the six year olds behaviors had risen to an unsafe level, so much so that he had to be hospitalized briefly to ensure his own safety. Upon discharge from the hospital, Rainbow Project staff helped connect the family to other service providers in the community, & collaborated to ensure all involved were aware of the same information, & were working together around shared, compatible goals. Clinical work with the whole family was provided, because of they had experienced the domestic violence together. Treatment specifically of the child & mother together occurred to reinforce their attachment, which research informs us is correlated with resiliency. Individual treatment of both the child & the mother addressed their respective individual needs. Having progressed to the point where the family functioning had improved significantly, Rainbow Project staff began to taper their involvement & promote the family's independence.</p>									

<p>When discharged, the mother had gained skills in parenting to effectively address periodic misbehaviors of her children. The relationships among family members had been strengthened. The children viewed their mother as competent & with emotional strength. Finally, the now eight & a half year old boy presented with a noticeable reduction in anxiety & misbehavior, had mastered his fear of showers, no longer soiled himself, & no longer fears the domestic violence which had disrupted his home life previously.</p>																																					
<p>Quarter 3: Rainbow Project received a referral of a family with four children, all under ten years old, this past quarter, subsequent to a significant incident of domestic violence. The incident involved a violent attack on the mother by the father of the younger children, in the presence of the youngest children, & resulted in the mother being nearly murdered. While the mother was hospitalized in immediate response to the attack, Rainbow Project clinicians provided an in-home triage appointment to provide a preliminary face-to-face consultation with the children & another relative, who was caring for them while the mother was hospitalized. This included a referral to DAVIS via the CVH program. Fortunately, the children, all of whom were experiencing signs of trauma were able to verbalize some of their concerns regarding the situation, & assistance was provided to both the children & the interim caregiver in how to best manage the immediate & potential future effects of the situation.</p>																																					
<p>Just this past week, once the mother had been stabilized medically & discharged from the hospital, she & the children were seen at the Rainbow Project clinic for a follow-up consultation appointment. At that appointment, clinical impressions were shared with the mother pertaining to herself & all four of the children, indicating specific measures which the mother could take to promote her children's healing from the incident. Further, she was provided input about mental health treatment needs of all family members & modalities (approaches) suggested by the involved clinicians. Soon the family plans to proceed with the treatment process.</p>																																					
<p>Quarter 4: Rainbow Project recently enrolled a seven-year-old child, who had witnessed domestic violence at home for much of their life. During one incident involving domestic violence, the violence from the child's father towards the mother escalated, to the point where the child was injured in the process. The child's injuries were significant, such that they required hospitalization for several weeks to recover. During the time the child was hospitalized, medical staff observed a large amount of "testing" behavior from the child. When it was time for the child to be discharged from the hospital & return home & to school, the child continued to engage in such behaviors, which was previously relatively uncharacteristic. Around the time of discharge from the hospital, the child was referred to Rainbow Project for assessment & treatment.</p>																																					
<p>After meeting with the child & mother, therapists at Rainbow Project provided consultation to staff at the child's school. Teachers & school staff reported the child was engaging in a high degree of misbehavior. One aspect of the consultation was assisting staff in recognizing that often when children have experienced trauma, they are not able to trust that adults will keep them safe from dangers until after engaging in "testing" behaviors. Such behaviors essentially serve the function for the child of "testing," & are done to determine whether the adults can keep the child safe. Once the adults have demonstrated that they are competent in maintaining the child's safety, the child can focus on other things, such as learning in the school environment. With this shift in focus, school staff were better able to recognize the function of the child's behavior, & were therefore more effective in responding to the same. Staff reported that after first focusing on assisting the child in reestablishing the school as a place that was indeed able to keep them safe, the child's misbehavior became less frequent & less intense. They also indicated the child was better able to tend to academic tasks & learning. The child now continues in treatment at Rainbow Project, & the therapist involved in</p>																																					
<p>III. Community Collaboration...</p> <table border="1" data-bbox="258 840 456 1812"> <thead> <tr> <th colspan="8">the rainbow project inc.</th> <th>Combined</th> </tr> <tr> <th>Quarter 1</th> <th>Quarter 2</th> <th>Quarter 3</th> <th>Quarter 4</th> <th>YTD</th> <th>Annual Goal</th> <th>YTD % of Annual Goal</th> <th>Remaining to Attain Annual Goal</th> <th>Annual Goal</th> </tr> </thead> <tbody> <tr> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> <td></td> </tr> </tbody> </table>	the rainbow project inc.								Combined	Quarter 1	Quarter 2	Quarter 3	Quarter 4	YTD	Annual Goal	YTD % of Annual Goal	Remaining to Attain Annual Goal	Annual Goal																			
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Project Goal		The number of referrals made between CVH agencies will be documented. Representatives from EACH agency will meet 4-6 times per calendar year to define referral protocols, address gaps in services, & identify & address areas of shared concern OR trends in service delivery.					
10. Number of Referrals Made	15	29	21	18	83		
11. For EACH Service Provider Meeting...	a. Date	Quarter 1: 1) 01/20/2009; 2) 03/17/2009					
		Quarter 2: 1) 05/19/2009					
		Quarter 3: 1) 07/21/2009; 2) 09/15/2009					
		Quarter 4: 1) 11/17/2009					
		<p>Quarter 1: 1) LuAnn Engle (DAIS); Kate Gravel (DCDHS); Sharyl Kato (Rainbow Project); Karen Larson (DAIS); Darren LeCount (Rainbow Project); Rosalie Migas (DAIS); Jeanne Schneider (YSOS-Briarpatch); Kathy Schoff (Family Service); Laura Stalder (SPASD); 2) Karen Larson (DAIS); Darren LeCount (Rainbow Project); Ann Lauritzen (MMSD); Rosalie Migas (DAIS); Jeanne Schneider (YSOS-Briarpatch)</p> <p>Quarter 2: 1) LuAnn Engle (DAIS); Kate Gravel (DCDHS); Karen Larson (DAIS); Rosalie Migas (DAIS); Jeanne Schneider (YSOS-Briarpatch); Kathy Schoff (Family Service); Laura Stalder (SPASD)</p> <p>Quarter 3: 1) LuAnn Engle (DAIS); Kate Gravel (DCDHS); Karen Larson (DAIS); Darren LeCount (Rainbow Project); 2) LuAnn Engle (DAIS); Sharyl Kato (Rainbow Project); Karen Larson (DAIS); Darren LeCount (Rainbow Project); Kristin Meyer (WCSD); Jeanne Schneider (YSOS-Briarpatch); Kathy Schoff (Family Service); Laura Stalder (SPASD)</p> <p>Quarter 4: 1) Casey Behrend (YSOS-Briarpatch); LuAnn Engle (DAIS); Kate Gravel (DCDHS); Sharyl Kato (Rainbow Project); Karen Larson (DAIS); Ann Lauritzen (MMSD); Darren LeCount (Rainbow Project); Chris Mand (VASD); Kristin Meyer (WCSD); Jeanne Schneider (YSOS-Briarpatch); Laura Stalder (SPASD)</p>					
c. Names of Participants		<p>Quarter 1: 1) Please see separate meeting minutes: 2) Please see separate meeting minutes</p> <p>Quarter 2: 1) Please see separate meeting minutes</p> <p>Quarter 3: 1) Please see separate meeting minutes: 2) Please see separate meeting minutes</p> <p>Quarter 4: 1) Please see separate meeting minutes</p>					
d. Summary of Content							

IV. External Training...	the rainbow project inc.								Combined
	Quarter 1	Quarter 2	Quarter 3	Quarter 4	YTD	Annual Goal	YTD % of Annual Goal	Remaining to Attain Annual Goal	
<p>Project Goal</p> <p>CVH agencies will provide 4-8 trainings per calendar year to other professionals regarding CVH related issues.</p>									
12. Number of Trainings Conducted	4	0	1	3	8	1-2			4-8
13. Number of Participants in Audience (approximately)	105	0	40	88	233				
14. Descriptions for EACH training...	<p>Quarter 1: 1) 01/15/2009; 2) 01/27/2009; 3) 02/14/2009; 4) 02/27/2009</p> <p>Quarter 2: NA</p> <p>Quarter 3: 1) 07/28/2009</p> <p>Quarter 4: 1) 10/09/2009; 2) 11/05/2009; 3) 11/10/2009</p> <p>Quarter 1: 1) "Family Relationships Experiencing Trauma;" 2) "Children & Youth Exposed to Domestic Violence;" 3) "Child Abuse & Neglect;" 4) "Children of Violent Homes"</p> <p>Quarter 2: NA</p> <p>Quarter 3: 1) "Child Mental Health Considerations Regarding Supervised Visits & Reunification"</p> <p>Quarter 4: 1) "Challenging Behaviors - Helping Parents Nurture their Child;" 2) "Impact of Trauma on Young Children & Families;" 3) "Child Abuse & Neglect"</p> <p>Quarter 1: 1) Madison Area Technical College - Early Childhood Providers Course; 2) Dane County Department of Human Services - Foster Parents; 3) Grandparents Raising Grandchildren Group - The Rainbow Project, Inc.; 4) Dane County Department of Human Services - Child Protective Services Social Workers</p> <p>Quarter 2: NA</p>								
a. Date									
b. Topic									
c. Location									

		<p>Quarter 3: 1) Dane County Department of Human Services - Child Protective Services</p> <p>Quarter 4: 1) Play & Learn - Madison Metropolitan School District; 2) Early Childhood Course - Madison Area Technical College; 3) Woods Hollow Children's Center</p>									
		<p>Internal Agency Trainings & In-Services...</p>									
		<p>Project Goal</p>									
		<p>EACH CVH agency will conduct at least one Internal In-service per calendar year regarding the effects of domestic violence on children, successful intervention techniques, &/OR community resources. At least 90% of those attending In-services will indicate an increased understanding of the topic presented.</p>									
15.	Number of Trainings & In-Services	0	1	0	0	1					
16.	Number of Participants in Audience (approximately)	NA	7	NA	NA	7					
17.	Number of Evaluations Received	NA	7	NA	NA	7					
18.	Percent of audience evaluations indicating increased understanding of presentation topic.	NA	100.00%	NA	NA						90%
19.	Descriptions for EACH training & In-Service...	<p>Quarter 1: 1) NA</p> <p>Quarter 2: 1) 06/12/2009</p> <p>Quarter 3: 1) NA</p> <p>Quarter 4: 1) NA</p> <p>Quarter 1: 1) NA</p>									
a. Date											

b. Topic	Quarter 2: 1) "Domestic Abuse Intervention Services - Site Visit"							
	Quarter 3: 1) NA	Quarter 4: 1) NA	Quarter 1: 1) NA	Quarter 2: 1) At Domestic Abuse Intervention Services	Quarter 3: 1) NA	Quarter 4: 1) NA	YTD	Annual Goal
c. Location	the rainbow project inc.							
	Combined							
VI. Community Education...	Project Goal							
	CVH agencies will provide community education to at least 500 people regarding the effects of domestic violence on children &/OR CVH resources. CVH partners will collaborate & publish a brochure for distribution which describes CVH services.							
20. Number of Tabling Events	0	1	1	0	2			
21. Number of Speaking Events	1	6	5	5	17			
22. Number of Participants in Audience (approximately)	13	151	617	217	998			500
23. Number of (CVH &/OR agency) Brochures Distributed	13	83	210	88	394			
24. Descriptions for EACH event...	Quarter 1: 1) 02/10/2009 Quarter 2: 1) 04/16/2009; 2) 04/21/2009; 3) 04/21/2009; 4) 05/21/2009; 5) 06/03/2009; 6) 06/18/2009; 7) 06/24/2009 Quarter 3: 1) 08/19/2009; 2) 09/11/2009; 3) 09/21/2009; 4) 09/21/2009; 5) 09/22/2009; 6) 09/23/2009							
a. Date								

		<p>Quarter 4: 1) 10/02/2009; 2) 10/06/2009; 3) 10/13/2009; 4) 11/12/2009; 5) 11/12/2009</p> <p>Quarter 1: "Rainbow Project Services"</p> <p>Quarter 2: 1) "Open House in Recognition of Child Abuse Prevention Month;" 2) Child Abuse Task Force Update;" 3) "Child Abuse & Neglect Prevention," 4) "Rainbow Project Services;" 5) "Rainbow Project Services & Safe Step Programming;" 6) "Rainbow Project Services;" 7) "Rainbow Project Services"</p> <p>Quarter 3: 1) "Rainbow Project Services;" 2) "Rhumba 4 Rainbow V," 3) "Rainbow Project Services;" 4) "Rainbow Project Services;" 5) "Rainbow Project Services;" 6) "Rainbow Project Services"</p> <p>Quarter 4: 1) "Rainbow Project Services;" 2) "Rainbow Project Services;" 3) "Rainbow Project Services;" 4) "Rainbow Project Services;" 5) "Grandparents Raising Grandchildren Program"</p> <p>Quarter 1: West Side (Madison) Optimist Club</p> <p>Quarter 2: 1) Rainbow Project Clinic, 2) Commission on Sensitive Crime, 3) Eastside Rotary Club, 4) Catholic Charities, 5) Physicians Plus HMO - Behavioral Consultation Team Staff, 6) Blockhawk Church Youth Group, 7) Rotary Club of Madison</p> <p>Quarter 3: 1) ARC Community Services, 2) Madison Marriott - West, 3) Meriter Hospital, 4) Zimbrick Buick, 5) John Deere Company, 6) M&I Bank</p> <p>Quarter 4: 1) AT&T, 2) The Management Group, 3) Pregnancy Helpline, 4) Employee Benefits Corp, 5) Capitol Times KIDS Fund Reception</p>
b.	Topic	
c.	Location	

Agency Name: The Rainbow Project
2010

Contract Period: 2009-

Service Name: B. Children of Violent Homes

<p>Outcome Objective #1</p>	<p>Participants receiving CVH training will have an increased understanding of domestic violence and impact on children/families and be able to identify at least one element in their daily practice that they will either change or have reinforced. (Number served = 125)</p>			
<p>Performance Standard</p>	<p>Targeted Percent</p>	<p>80%</p>	<p>Targeted Number</p>	<p>100</p>
<p>Measurement Tool(s) or Methods to be Used</p>	<p>Post Training Evaluation Surveys Parent Self-Report Interagency Feedback Questionnaires</p>			
<p>Outcome Objective #2</p>	<p>Families receiving formal Children of Violent Homes referrals will successfully follow through and connect with agencies/services referred to. (Number served = 125)</p>			
<p>Performance Standard</p>	<p>Targeted Percent</p>	<p>80%</p>	<p>Targeted Number</p>	<p>140</p>
<p>Measurement Tool(s) or Methods to be Used</p>	<p>Intra and Interagency Data Collection/Communication Consumer Self-Report Interagency Feedback Surveys</p>			